gerous Feavours; all which inconveniences, may be shunned by having such teeth and [illegible] neatly drawn. Lastly, if it be true, that it is good to take the breken from the whole, or that one scabbed sheep may spoyl a whole flock, or that it is good and necessary to repaire imperfections of nature with art, then all that I have said herein is true, and so I rest fully satisfied.

An Excellent remedy for sore eyes.

TAke three ounces of the best Hony, an ounce of Venice Turpentine, and the yolkes of twelve eggs that hath been rosted hard under hot ashes, then mingle them in a dish pouring thereon the said Turpentine and Hony, and put them to seeth a little upon a soft fire, then presse it in a presse in the same manner that oyle of Almonds is made; this is called oyle of Egges, and though there be sundry other waies to make it, yet this is one of the best and easiest, however it hath a most admirable operation for curing of sore eyes, annointing them a little therewith sometimes, especially at night going to bed.

The use and vertue likewise of Roman Vetriol, so called by some, by others the Celestall or blew stone, is publiquely known to be good for this and many things else besides, yet let a thing be ever so good when it is once made common it is not halfe so much esteemed as that which is not a quarter so good, especially if it be dearer and harder to come by, such is the unsatiable profitlesse curiosity of most people.

A Remedy for noyse or buzzing in the eares.

TAke halfe a pint of good old white Wine in a Potrenger, and two ounces of Roch Allum, put it to boyle upon a Chafingdish, then hold your eare over it and receive the smoke and vapour thereof into your eare as well as you can; finally put two or three drops thereof into your eare and keep it stopt with black wooll or Cotton til you be cured; likewise drop sometimes two or three drops of the joice of a Leek in your eare, keeping them stopped as before, this is easie, and commonly cureth the said noise in the head, and often restores perfect hearing to many that accidentally have lost part thereof.

For Hemeroids or Piles.

TAke a fresh Eele rost it and with the dripping thereof annoynt the afflicted part often, it helpeth beyond expectation.

A cure for Corns.

STeep your feet (the space of a quarter of an houre, going to bedward) in warm water wherein hath boyld three or foure sorts of sweet smelling Herbs, as Rosemary, Time, Hisop, Spearmint, or the like, then pare a little of the outward hardest part of your Corns, having a care you cut not to the quick, then apply the bredth of your Corn of this plaister upon each Corn, and as much fine Leather upon that as wil keepe it from sticking to your stockings, continuing and renewing this plaister as need requires for a whole weeke, it wil soften the very roots of your Corns, so that you may easily pick them out with the point of a pen knife.

The use and vertue of my Powder for Teeth.

TAke as much as you can hold between your two fingers at once of this Powder, and rub your Teeth wel therewith, then take three spoonfuls of water, and halfe a spoonfull of Wine-vinegar mingled together, and wash your mouth and teeth therewith: the best time to use this is in the morning, as often as you please, or as necessity requires: this is as good to take away all rust, to divert away the Rheume from the Teeth, and consequently to keep them perfectly white, as any Powder can be for this purpose.

To conclude as there is no man free from the aspersions and slanders of envious tongues, so I shall thinke my selfe sufficiently vindicated that the discreeter sort will suspend their judgement at the first view, untill they heare what others will say that have been under my hands, for I desire no other praise save what they can justly give me: and though some out of ignorance, malice, or both, cannot or will not make any distinction between an Operator and a cheating Mountebanke, yet they nor no man can deny but that in all vocations there are some honest men as well as knaves, both which I heartily wish may prosper and fare as they deserve, and no otherwise.

FINIS.

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ΠΟΛΥΦΑΡΜΑΚΟΣ καὶ ΧΥΜΙΣΤΗΣ.

Or, The English unparaleld

PHYSITIAN AND CHYRURGIAN:

Shewing

The true Vse of all manner of PLANTS *and* MINERALS,

In which is Explained, *The whole* ART *and* SECRESY *of*

Physick and Chyrurgery.

Wherein is contained,

1. *The cure of any Internal Disease, which hath taken effect, and brought forth Symptoms, either outwardly or inwardly, in the Head, Stomack, Back, Belly, &c.*
2. *The making of divers rare and excellent Balsames, Oyls, Plaisters, and Waters, with the effects thereof.*
3. *The making and use of Purges, Vomits, Drinks, and Clisters, according to Rules of Physick and Astrologie.*
4. *The nature and temperature of Herbs, Plants, and Vegetables, and the use thereof, and the Influence of the Planets as well over Herbs and Plants, as over the Bodies of Men.*
5. *The way to extract the Spirits and Quintessences of several sorts of Herbs and Minerals, and their rare Operations they have.*
6. *The making of a Salt of Wormwood, Balm, or any other Herb.*
7. *The Cure of any Wound, Contusion, Punisture, or Ulcer in any part of the Body.* All which have been prescribed and practised by several Learned Doctors and Chyrurgians.

By D. BORDER, *Practitioner in Physick.*

LONDON, Printed by *B. Alsop*, and are to be sold at his house in Gunstreet, near the Upper Pump. 1651.

MVSEVM
BRITAN
NICVM

To the Right Honourable the Lord *Bradshaw* Lord President of the Councel of State, &c.

My Lord,

IT hath been the general practiſe of writers, to dedicate their books of Art and learning, to learned and honourable perſons, under whoſe patronage they are protected, find the better acceptance abroad, and the inſtruments attaine the opportunity to acknowledge their duty and thankfulneſſe to thoſe whom they reverence & honor. The laſt whereof was the cauſe that brought theſe things into a book, and the book unto you.

The main ſubject whereon it conſiſteth, is, the very Quintaeſſence of *Hypocrates*, *Galen*, *Ioubertus*, *Paracelſus*; and other learned men of theſe latter times, which for the moſt part have been experimentally tried and approved excellent, though in generall they have been kept ſecret and hidden from the publick; for whoſe good I have taken ſome pains to put them into ſuch a method, that all that have need may receive benefit and comfort. Having ſuch a Talent in my hand I thought it my duty to improve it to the beſt advantage of the republick; for herein the rich may at leaſt take delight, the middle ſort gain knowledge and experience, the poor find relief, when they want money to ſeek for other help, and all ſorts of people remedies againſt all kind of maladies, ſickneſſes or diſeaſes incident to mans body, if they be carefully adminiſtred and applied, according to the di-

rections set down, for here is variety of medicines according to the nature of the disease, whereas some Emperick of our time, have but one plaister for all sores.

Here is also set down certain rules and directions for Physitians and Chyrurgians which are no lesse necessary to be known, then the subject or matter on which they are to work; for I find it recorded, that *Paracelsus* did more good in his time, by making known the *Theorie*, then *Gallen* did in all his life, which more then doubled the years of *Paracelsus*.

Non nobis solum nati sumus, &c. is a true position, and was never more really practised then by your Lordship, whom God hath raised up to be a principal instrument to preserve this nations peace and tranquillity: and for this cause the whole Common-wealth challengeth an interest to your honour, and look upon you as their chief protector against the Common enemy, the great Physitian, to cleanse and purge the evill and maligne humors, which are apt to arise in the body politick, that the Godly receive comfortable and refreshing cordials, nay even the dew from heaven, under a flourishing pious ministry, in a land of peace flowing with milk and hony. And the great Physitian both of soul and body, preserve you with increase of honour, and length of days, which is the prayer of.

Your Lordships humbly devoted in all service.

DAN. BORDER.

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THE

A Table of Engliſh names of ſuch Simples as are mentioned in this Book.

A

Anetum,	Anet or Dill.
Arthemeſia,	Mugwort.
Apium riſne,	Chiverill.
Aſtrologia longæ,	Red-Madder.
Aſtrologia rotunda,	Gallingall.
Abrotonum,	Southernwood.
Allebrya,	Stubwort.
Avancia,	Bearfoot.
Altia,	Hollihock.
Amaruſia,	Dog-fennell.
Allium,	Garlick.
Auricula,	Mouſe-ear.
Apium emo,	Crow-foot.
Apium ranarum,	Water Crowfoot.
Auriga,	Knapwort.
Anabulla,	Spurge.
Acus Muſcula,	Ground-Meddle.
Arch-angell.	

B

Balſamanta vel menta aquatica.	Watermint.
Balſamenta,	Horſemint.
Barba Angeli,	Blind-nettle.
Bigula,	Buglas.
Bovibax,	Cotten.
Burſa-Paſtoris,	Shepheards-Pouch.
Brauca,	Sea-Dock.
Borago ſilveſtris,	Wild-Burrage.

Baſilicon, Cerputari, Colabria,	Dragons.
Bigona cucurbica,	Wood Nip.

C

CHeverfoil vel Capriſolium,	Woodbine.
Culumbaria,	Pennywort.
Cicuta,	Hemlock.
Centauria major,	Great Centory.
Centauria minor,	Little Centory.
Capilli veneris,	Maiden-hair.
Crocus,	Saffron.
Canabarina,	Wild Hemp.
Cepe,	Onyon.
Colubina,	Colts-foot.
Cardiaca,	Cardiaker or Eleſpear.
Cicera,	French-peaſe.
Caulus Gallica,	Cabage.
Cembaria,	Pennyworth.
Conſolida major,	Red-Deafie.
Cnoſolida minor,	Bothem, or Deafie.
Conſolida media,	White Bothem, or Deafie.
Citrago,	Medewort.

D

DRagancia,	Dragons.
Diptanum,	Dittany.
Deus leonis,	Dandelion.

E

ENula campana,	Elecampane.
Edera,	Ivy.
Edera terreſtris,	Ground-Ivy.
Eufrebum,	Clarey.
Eleborus niger,	Clove tongue or Podelion.
Epatica,	Liverwort.
Epina,	Fox-glove.
Ebulus,	The leſſe Wallwort.

Enduſa, Lacituca, Epatica,	Liverwort.
Eupatorium, Ambros,	Wild-ſage.
Eufragium,	Eye-bright.
Elleborus albus.	Pellitory of Spain.

F

FLaminila, Fuimiſtere,	Spearwort. Femitory.
Fragia,	Strawberry.
Flos unguentorum,	Flower of Oyntments.
Fabaria,	Brook-lime or ſaverole.
Felix,	Fern.
Filependula,	Dropswater.
Feniculus Porcus,	Swines fennell.
Febri fuga,	Fether ew.
Filago,	Field-water, or Horewort.
Flammula minor,	The leſſe ſpear-wort.
Flos campi,	Horſe-cockle.
Feriſugio.	Horſe-gall.

G

GRanum ſolis, Geneſtula,	Gromell. Broom.
Gracia Dei,	Favour of God.
Gladiolus,	Flag.
Gariofolus,	Gilli-flower.

H

HYpericon, Herba celerata.	*St. Johns* Wort. Chiverill.

I

IUſquianus, Iris,	Henbane. Flower de luce.
Jacia alba,	Gooſe-graſſe.
Ipia major,	Pimpernel ſelf heal or waywort.
Ipia minor,	Chickweed.

Jacitus Ruſticus,	Blew Bothem.

L

Lingua ceruina vel Scrophularia,	Hearts tongue.
Liguſtrium,	Primroſe.
Lingua canis,	Hounds tongue.
Labrum veneris,	Sow-thiſtle.
Lactuca ſilveſtris,	Wild Lettice.
Lactuca leporica,	Hare-thiſtle.
Lollium,	Cockle.
Lappacium.	Red Dock.

M

Melilotum,	Honey-ſuckle.
Marubium album,	Mawort or white Hore-hound.
Marubium rubium,	Red Horehound.
Maſturcium,	Towne creſſes.
Maſturcium aquaticum,	Water creſſes.
Maſturcium gallicum,	French creſſes.
Maſturcium ptatium.	Mead-creſſes.

N

Nepta,	Nep.

O

Oculus bovis,	Oxe-eye.
Oſinum,	Myſtelto.
Orobus.	Mowſe-piſs.

P

Papaver album,	White Poppey.
Polipodium,	Oak-fern.
Petrocilium,	Parſley.
Petrocilium egreſte,	Wild Parſley.
Pes Pully,	Colts-foot.
Perſutaria,	Arſmart.
Pes arietis,	Rams-foot or lodewort.
Plantago major,	Plantany.
Plantago minor.	Rubwort.

Q

Quinque folium, vel cinque foil,	Five leaved graſs.
Quercula major.	Germander or hair cloath.

Ruta

R

Ruta domestica,	Rue.
Rubea major,	Red Madder.
Rappaver,	Radish.
Resta bonis.	Cammock.

S

Saturion minor,	Crowleek or harebell.
Sigillum Sanctæ Mariæ,	St. *Mary*'s seal,
Satureia,	Savory,
Semperania,	Sengreen or Howsleek.
Stafisfragia,	Staves-acre,
Speragus.	Mawort.

T

Trefoil vel Melliletæ,	Three leaved grass,
Tanecum.	Tanne,

The

The names of Herbs out of which you may by the rules set down in this book extract Salt, or take the spirits of any of them which is of very excellent nature and use.

Balm,
Wormwood,
Rosemary,
Angelica,
Cardus Benedictus,
Mints,
Spike,
Elecampane,
Hysop,
Winter-savory,
Sweet Marjerome,
Fennel,
Sage,
Costmary,
Bittony,
Valerian,
Saxafrage,
Horehound,
Colts-foot.

Of these herbs following you may make sirrups which are of great use in severall cases.

Harts-tongue,
Mugwort,
Champeties,
Epithimum,
Hysop,
Wormwood,
Comfrey,
Succory,
Balm,
Sparagus,
Parsley,
Horehound,
Pirtel,
Mandlin,
Rubarb,
Marsh-Mallows,
Scurvey-grasse,
Bittony,
Liquorits,
Smallage,
Fennell,
Buscus.

The Chymicall PHYSITIAN AND CHYRVRGIAN.

CONTEINING

Many excellent Secrets, and approved Cures and Remedies for all kind of Wounds, Pains, Aches, Diseases or Sicknesses incident to mans body.

CHAP. I.

The Discripcion of an expert Chyrurgian.

A Good and true Chyrurgian, is no other the a minister and helper of nature; who hath three operations to perform in curing of wounds; the first is that he join the separated parts close together: the second, to preserve it from pain; the third, that he keep it from putrifaction: all the rest he may leave unto nature, which will work with good expedition. And this is a sure intention concerning the cure of wounds: never keep the flesh open with tents or pledgets neither weaken nature by letting of blood, or by purging nor yet by strait diet to cause the pain to increase but keep the woũd always clean washing it with aqua ballam, and lay upon the wound, cloaths wet in magno licore. This is a good and an approved order: whereof whosoever will know more, let him look in Leonard. Fioravante his book, of Rationall Secrets, where he shall be satisfied more at large.

Chap. II.

The cure of all manner of wounds in generall.

All kind of wounds, may be healed with these medicines following (according to the method before mentioned) viz. with our ballamo, with Aqua ballsami, ballsamum artificiale, quintaessentia vini, oleum resinæ pini, oleum ceræ & terebinthinæ, magno licore, cerotum magistrale, elixir vitæ, oleum hypericonis compositum, flos unguentorum, and Paracelsis,

Chap. III.

The cause why wounds cannot heal quickly.

Though there be many more, yet chiefly they may be reduced unto two causes. The one is an immoderate and extream diet, which weakneth the stomack and body so much, that nature cannot prevail to conglutinate or solder the flesh together. And thus through want of naturall heat, the wound falleth to impostumation, Gangrena, fistulaes, &c. and can hardly be cured. The second is the keeping of them too much open by reason of their tents or pledgets, so that they cannot join together again, but grow to Cancers, and Fistulaes, wherenpō many times the patient remaineth lame ever after, or else spœdy death is the end thereof.

Chap. IIII.

Of wounds in the head, how they must be dealt withall.

All wounds in the head must be close joined & kept together, the blood must be crushed out, then wash it wel; w some thing that hath virtue to liquifie the blood, as the Quintaess. of wine, or such like. Then lay thereon lint, wet in oleum benedictum: this medicin you shal chāg in four days, but every day once wash the wound round about with that Quintaessence, and annoint with the said oil,

allowe at the fourth daye and dresse it again, and let it remain two dayes more and after that for a day more, and the wound (by the help of God) shal be cured in vii or viiii days. Thus may you deal with all wounds save those that are made in the belly. As for all other, either simple or compound wounds: you shal find their cure methodically shewed, in the Rational secrets of Leonardo Fioravante published in English.

Chap. V.

The healing of a grievous wound on the side of the head.

The wound was made on the side of the head, almost to dura mater; but it was healed in this māner. First there was put into the same the Quintessence aforesaid, then a little balsamo, then there was applied a cloath which was wet in magno licore, made very hot, upō which cloth was laid our secret powder, covered with lint, and thus he was dressed once every day, till he was whole. You must note, that whensoever the scull is hurt unto dura mater, there must be cast up at ỹ nosethils our balsamo: that the smell may pierce upward, and resolve the offence. Sometime also instead of a defensative you may anoint round about the wounde, with the foresaid balm, which preserveth from putrifaction and alteration.

Chap. VI.

A dangerous wound in the head cured in five days.

It was healed very quickly by putting therein our Aqua celestis and balsamo, and by applying unto the same very hot cloths wet in magno licore.

Chap. VII.

The cure of a wound on the ear to the scull.

A more wound was made on the ear, which was cut unto the scul of the head, and was healed in this māner

firſt by aneinting it with our Quintaeſſence, which cauſe it to wax very hot, the ſpace of two hours. After that, there was put in our oleum philoſophorum, de terebinthina & cera, and ſo he dreſſed it every day once.

Chap. VIII.

How three wounds in the head, with fracture of the bone or ſcull were healed by, *I. P.*

A Certain miller in Buckinghamſhire called Peter Bull, being ſore wounded in the head, whereof one wound was in the midſt of the head with fracture of the ſcul, an other within an inch of that, ſix inches long, he had another wound over his eye-brow, two inches long; beſides the wounds in his head he had alſo a great wound in the bow of his arm, beside the elbow ſo that a man might have laid his three fingers in it, divers of his fingers were alſo cut, & he loſt two joints: This man bled by the ſpace of 7 or 8 hours before it was ſtaied: neither was he dreſſed until the next day, but yet he was cured in this manner: Firſt the hair was ſhaven away, round about the wounds on his head, and the wounds were made clean, then was there dropped into the wound balſamum ſulfuris made very warm: and a fine cloath wet therein was applied to the wounds, and round about the wounds there was a defenſative applied: thus he was dreſſed once in 24 hours and within the ſpace of three weeks, he was perfectly helped, that he did wear no plaiſter at all; alſo you ſhall note, that upon the wound next the cloath, there was laid cerotum magiſtrale, forget not that this balſome be always uſed warm, with a fine linnen cloath or a peece of Cambrick, and not with any lint; this balſome did cauſe the hair to grow ſo faſt about the wounds, that it was fain to be ſhaved away very often.

Chap. IX.

Of contused wounds on the head, or other parts of the body.

The ancient practitioners, have esteemed contused wounds to be very dangerous; for they say, contusions must first be brought to putrifactiō, & turned into matter: which opinion is not to be allowed, for the bruises are to be dissolved without maturation, which hath been a thousand times proved in the wars, after this manner to have been performed. Recipe, magno licore, oleum benedictum, of each alike mixe them, & being very hot wet cloaths therein & lay thereon twice a day and in 3 or 4 days they will be dissolved; also the oil of Frankincense, or oleum philosophorum de cereb. & cera, will dissolve any simple bruise in 3 or 4 hours, onely by continual anointing the place therewith, so fast as it drinketh in any. Provided that the bruise be not above 6 or 8 hours old, for if it be, then will your work be somewhat the longer, before it be finished.

Chap. X.

A contused wound in the head, healed by, *I. P.*

A Young man of 28 years of age, that had a great contusion on the head with a staffe, was helped thereof in nine days, by applying thereunto balsamum sulfuris, before mentioned.

Chap. XI.

A wound in the head, with fracture of the scull, cured by, *I. P.*

A Little boy with a fall from a horse, had a fracture in the scull, which was healed with balsamum sulfuris, & cerotum magistrale Leonardo. The child did at his dressing vomit very often, which argued the breaking of his scul, yet was he healed in seven days.

Chap. XII.
To heal wounds ſpeedily.

FIrſt waſh them very well with our aqua balſami, then ioin them very cloſe together, and lay thereon a cloth wet in oleo reſinæ pini: and (through Gods help) they ſhal quickly be healed.

Chap. XIII.
To heal wounds, by ſhot, or lance.

HE that will cure wounds that are made with ſhot, lance, arrows, &c. muſt firſt waſh the wound well with urin, and dry the wound wel, then let him put therin the Quintaeſſ. of wine, and forthwith ioin the woun cloſe and hard together. Then let him put immediatly therein, five or ſix drops of our balſamo artific. and lay a cloath upon the wound, wet in magno licore, which muſt be applied ſo hot as he may ſuffer it; thus muſt he do the firſt day. That being done, he muſt put thereon our Quintaeſſence of wine, and then a little balſamo, after that ſome magno licore (as before ſaid) and ſo let him hold on to the end of his cure.

Chap. XIIII.
A moſt ſingular and wonderfull remedy to heal wounds quickly.

VVOunds muſt be holpen with dying medicines, (as was noted in the third Chapter) ſuch medicines I ſay, as have virtue, to preſerve the part offended from putrifaction. This will be performed, by our aqua balſami, & the oil diſtilled from vernice liquid: for theſe two, are apt to heal all ſorts of wounds: if ye waſh them with the water, and anoint them round about with the oil; for they do not onely keep the wounds from putrifying, but they help to cicarriſe quickly, and in ſuch manner, as it

ſeemeth

ſtanieth marvellous, moſt profitable for the wounded patient, but beſt for the good and honeſt Surgeon, which abhorreth in his works to play the tinker, which in ſtopping of one hole is wont to make three, but with as much ſafety and ſpeed, as nature and art will yeeld, to bring to paſſe all his honeſt intentions.

Chap. XV.

A wound in the eye, with a ſplinter healed by, *W. H.*

A Splinter of wood leapt into the eye of a certain maiden, as ſhe was chopping of ſticks. The wound was ſo grievous, that the gelly of her eye came forth by the ſpace of a moneth: all this while, ſhe could neither ſee, nor take any reſt. By the bleſſing of God within four days after ſhe could thred a needle, and was recovered in this manner. Firſt there was dropped into her eye, balſamum ſulfuris warm, and then a cloath wet therein was applied thereunto, by which only ſhe was cured: the maid dwelleth in Nottinghamſhire.

Chap. XVI.

A prick in the eye with a knife, healed by *W. H.*

A Child of ſeven years of age, had a puncture in the eye with a knife which was cured by dropping therein, balſamum ſulfuris warm, and laying a defenſative round about it.

Another cure performed in like manner by *W. H.*

One George Clark, ſervant to the right worſhipful Mr. Butler of Denham (then high Sheriff of Bedford) was healed of a puncture in the eye with the foreſaid medicine.

CHAP. XVII.

An hand flat squatted, and contused, healed by. W. H.

A old man called Thomas Smith, of Carlton in Northamptonshire, husbandman, in lopping of a tree had his hand caught between two boughs, and was squatted in pieces; this contused hand was presently put close together, and anointed with oleum philoloponum de Tereb, & cera, and through Gods goodnesse, was perfectly cured in eight days.

CHAP. XVIII.

A wound or puncture through the Arm, I. P.

A young man called Hudson, a Carpenter of Carlton in Northamptonshire, being thrust through the arm with a pitchfork, was thus cured: First there was injected magno licore (as hot as he could abide it) into the wound. Then there was a linnen cloath wet in the same oil applied unto the wound upon the which cloath, was also laid a pledget of cerotum magistrale: this wounded man was healed in five or six days.

CHAP. XIX.

Five wounds in the brest.

A Certain man that had five stocadoes into the body, was thus cured: First, there was put into the wounds the Quintaessence of wine, then were the wounds dressed with balsamo artific. which caused him to vomit, and to avoid much bruised blood. After that he drank every morning a little aqua balsami, and in short time by Gods help was perfectly cured.

Verbum

Verbum ſapienti ſat eſt, and a man may know by the half, what the whole means. By theſe few experimented ſecrets, you may proceed unto the cure of any wound, contuſion, or puncture, in what part of the body ſo ever they ſhall be. The things wherewith you are to work, as *balſamum ſulfuris, oleum philoſophorum de Terebinthina & cera, cerotum magiſtrale, &c.* therefore let us proceed unto the experimented ſecrets, concerning Ulcers, and Sores, either ſimple, or complicate with diſeaſes, as they have been obſerved by thoſe which have proved them.

Chap. XX.

The healing of ſore mouthes.

The Ulcers and Sores that have been in the mouths of young and old, have been healed, by the lotion & gargariſm, made with plantain water, honey ſuckle water, and barley water, mixed with ſaccarum Saturni.

Chap. XXI.

An Ulcer in the upper lippe.

A Certain Porter of London, having an Ulcer on his upper lip, which was like a Cancer (ſome called it Noli me tangere) continually running, with filthy ſtinking ſanies, was thus cured. Firſt he was purged, with Turpetum minerale; then was the ſore dreſſed with this medicine.

Take Aloes lotæ, half an ounce, ſalis preparati, two drams, Mellis, four ounces, miſce, & utere.

Chap. XXII.
An Ulcer in the throat, ex Morbo Gallico.

A Young woman, that was much troubled in the throat, with a grievous Ulcer, was thus cured. First she was purged with Aromatico, and twice or thrice with our Quintaesence solutive, mixed with syrup of roses, then was the sore touched with aqua realis, two or three times, with a little lint, & lastly she used this gargarism.

Take Mellis rosarum two ounces Diamorum two ounces and a half of honey suckle water, five ounces, oleum vitrioli as much as will suffice to make it tart: this hath been often proved in dangerous cases.

Chap. XXIII.
The healing of a scald head.

A Woman had all her head, covered with a most filthy scab, which was dry above, and moist underneath, very noisome to behold, who could neither be healed by purging, or locall medicines, that were used till this medicine was applied unto her. Once in a day, oleum ligni guaiaci, was applied, and in short time, the scal fell away, like a scull of an head. and there began hair to grow underneath it: this cure was performed in twelve days.

Another cure performed upon a scald head.

A Maiden of eighteen years of age, having a huge great scal upon her head, was cured (after she had taken one dose of Aromatico) by often washing the part affected, with Mater. balsami Fioravante.

Chap. XXIIII.
An Ulcer on the thumb.

One had such a filthy & stinking ulcer on the thumb, that the Chyrurgians would have cut off the whole thumb

thumb. This party was afterward cured, by the application of Fodicationum emplastri.

Chap. XXV.

An Ulcerated legge swoln.

A Young boy that had an ulcerated leg wonderfully swoln, was thus cured. He received at two several times, Quintaesence solutive, with syrup of roses. Then were the sores washed with salt of vitriol, dissolved in plantain water: a cloth being wet therein, and applied thereto morning and evening.

Chap. XXVI.

Two putrified Ulcers on the leg, healed by *I. P.*

FIrst this patient was purged with Aromatico Leon. once or twice: then his ulcers were dressed with this unguent made of rubified vitriol: and a cerot called the great Cerot. This was applied unto the ulcers, with a pledget of lint: was suffered to lie 24 hours which mortified the sores. Then was more of the same unguent applied: with an instrument the escare was losed round about, and in three or four days the escare came away easily, with a pair of Pullets: then he healed it up with magno licore, & saccarum plumbi, within a while after.

Chap. XXVII.

Three Ulcers in the leg, healed by *W. H.*

A Certain woman of Bedford, had three ulcers in her leg who had sought her cure at the hãds of divers, the space of 4 years but could find no help yet she was afterward cured in this manner: first she took in the morning fasting Aromatico Leonardo, which evacuated her stomack and belly. Then was there applied unto ỳ sores saccarum plumbi, three or four days together, which caused

every day a certain thin skin to come upon the ulcers, much like the film of an egg, the same skin was taken away every day. With this medicine following, it was dressed the fourth day: which caused it to look fair and red, the next dressing: and so in short time it was perfectly cured. To one spoonfull of magno licore was put as much saccarum Saturni, as would lie upon a three pence: and so it was incorporated warm: ỳ sores were dressed therewith every day.

Chap. XXVIII.

The cure of old rotten sores, by *W. R.*

A Certain old woman did in this manner help divers old sores in the body: first she purged the patients, and then she applied this unguent to the sores. Take a pot of strong ale, and set it to boil over a gentle fire, till it was thick like a salve, and then use it. At the first this medicine will smart, and be somewhat painful to bear, nevertheless it will cleanse and heal.

Note.

Also a friend of mine told me that the juyce of Marigold leaves, or the leaves, boiled to an unguent, will heal all ulcers and wounds.

Chap. XXIX.

The healing of Ulcers in most parts of the body, but chiefly in the head by, *W. H.*

A Certain man being ful of ulcers, coming of the pocks, in most part of his body shewing themselves, but chiefly in the head, was cured in this manner. First he was purged twice or thrice, with Panchimagogon, after that, he kept his chamber (that had a good fire in it) and took six grains of Turpetum diaphoreticum, mixed with 1 dram of Amuletum Paracelsi. Half an hour before he took a draught of fat broth, and kept his bed: and always as he vomited, he washed his mouth, with a convenient gargarism, and sweat

ſweat thereon one houre or two, and then was dryed with warm clothes: that done, he repoſed a day or two, and took the foreſaid Turpetum again, in manner aforeſaid: this he did three or four times. In the mean while, he anointed his fingers with oleum guaiaci, which did both cleanſe and heal. Alſo divers times, he uſed this potion in the morning, which cauſed him to ſweat. Take 2 ounces of the water of lignum vitæ, made by diſtillation, and as much of the ſyrrup of fumitory, and 1 ſcruple of the ſalt of lignum vitæ, mixe them warm, and drink it faſting. Thus in very ſhort time he was cured. This one thing muſt not be forgotten, that when there ſhall come any inflamation or ſoreneſſe in the mouth you do uſe this gargariſm following. Take plantain water, hony ſuckle water, of each 4 ounces, barly water 6 ounces, mel roſarum 2 ounces and a half, Diamorum 2 ounces, oleum vitrioli, as much as will make it tart: this will heal any ſore in the mouth. Remember alſo, that if the ulcers be very corroſive and foul you ſhall touch them once or twice with oleum vitrioli or oleum tartari fætens, whereby they will heal the ſooner; this hath been often proved.

Chap. XXX.

The healing of ſcabs like the leproſie by *G. M.*

A Young man which was thought to be infected with a leproſie, had on his head and moſt parts of his body, hard and dry ſcabs, but he was cured in this manner: firſt he was purged with Aromatico Leonardo once or twice. Then every morning till he was cured, he took 1 ſcruple of the extract of Camepiteos, either in a pill or in drink as he thought good. After that his ſores were dreſſed, with this unguent. Take ſucci ſempermui 2 ounces ſucci plantaginis 4 ounces and a half, ſucci ſolani, 3 ounces, ſaccari Saturni 2 ounces and a half, mix them, and ſtir them well together over a gentle fire, till all the ſaccharum be diſſolved, and therewith dreſſe the ſores twice a day.

Chap. XXXI.

The healing of a Child that was full of vlcers, coming of the pocks.

A young child four years old that was grievously tormented with the French disease, having extream pain in his body, and being full of sores, was thus cured. Take the distilled water of lignum vitæ, 1 ounce, salis ejusdem, 1 dram, mix them, and thereof the child drank with syrup of fumitory, or hops, morning and evening, and sometime the child sweat thereon. Also the sores were anointed with this unguent. Take oleum guaiaci, half an ounce, balsamum sulfuris half a dram, saccarum plumbi half a dram, oleum camphoræ, five or six drops, the caput mortuum of aqua fortis 1 scruple, mix them wel, and grind them one a stone, with May butter, and therewith the sores were anointed morning and evening.

Chap. XXXII.

A Cancer cured by an old Emperick.

A certain Emperick did help many cancers, in divers people (that were troubled with them) after this manner. He took certain worms, called in latine Centumpedes, in english sows: they are such as lie under old timber, or between the bark and the tree. These he stamped, and strained with ale, and gave the patient to drink thereof morning and evening. This medicine caused many times a certain black bug, or worm to come forth which had many legs, and was quick, and after that the cancer would heal quickly with any convenient medicine.

Chap. XXXIII.

The healing of pocky pustules, with Serpigo, by *W. H.*

A certain man having a number of sores, all over his body, and a serpigo in the palm of his hand, so grievous

that

that a man might have laid great ſtraws therein, was healed in this manner: firſt he was purged three times, with ſix grains of Turpetum minerale Phædronis, mixed with half a dram of Armuletum Palmarij. That done, he anointed all his ſores twice or thrice with oleum Tartari fætens: afterward with unguentum ex Lithargirio Fioravanti. Now touching his hands that had the ſerpigo, he held them morning and evening over a bath of oats, and other warm herbs, that they might ſweat, and then anointed them, with balſamum ſulphuris, and in a ſhort time they were holpen. An unguent made with ſaccarum Saturni, and oil of roſes, will do the like effect.

Chap. XXXIV.

A tetter or ringworm cured by, *W. K.*

There is a certain worm or tetter which many times cometh on the back of the hand or arm, and doth corrode like a ſerpigo, but it is none, which (after the uſe of many other medicines) hath been cured in this manner. The place was anointed five or ſix times a day, with the ſyrup of ſugar, that the worm might come to the upper place or skin: then within three or four days after, he anointed the place with oleum Tartari fætens: and in ſhort time he was cured, though his diſeaſe had continued three years, coming and going. Some have killed the worm, with oleum vitrioli.

Chap. XXXV.

A man cured that was full of tetters.

This was the manner of his cure. He took the rennet of a calf, and drank it in milk three or four times, and ſweat thereupon: then he anointed the parts affected, with ſaccarum Saturni, mixed with oil of roſes warm.

Chap. XXXVI.

Tetters in womens breſts, oftentimes cured as followeth.

They took five ſpoonfuls of Madder, and boiled it in ale, and then ſtrained it clear, without preſſing it at all, and drank thereof, three or four mornings. Then with the foreſaid ointment they uſed to anoint the parts grieved, and thereupon (with Gods help) were quickly healed.

Chap. XXXVII.

The healing of Shingles.

They took for them Doves dung newly made; and barly meal; ſtamped them well, and mired them with half a pint of vinegar: they uſed it cold to the place grieved and applied vine leaves (to keep in the liquor) round about it, then they bound it up with clothes; and ſuffered it to lie three days, and then (if need were) refreſhed it again with a new plaiſter, and at the moſt with the ſixt of three applications, it was perfectly holpen.

Chap. XXXVIII.

The healing of a plague ſore by *W. K.*

He took of elder-leaves, as much as was ſufficient, ſtamped them very wel with dry figs, and put them to axungiæ porcinæ, and applied it warm to the ſore, thrice or four times a day, and it quickly brake it.

Chap. XXXIX.

Scabs, and itch, with ſmall puſtules, taken quite away by *I. H.*

A Certain man greatly troubled, with itch & puſtules in his hand, proceeding of a diſſolved ſalt in his body could

could find no help, till he used this course. He took Pandragogon twice in three days: that done, he washed his hands with the salt of vitriol dissolved in plantain water, and shortly after they went quite away.

Chap. XL.

Three deep Fistulaes in the breast, cured by *W. T.*

There was a certain man called R. B. dwelling in London, which having three deep fistulaes in his breast, had been long under the hand of unskilfull Chyrurgians, consuming both himself and his substance: but afterward by Gods help, he using this course was cured. First he was purged every second or third day, for 5 or 6 dayes together with Turpetum minerale Phædronis, receiving thereof five or six grains in Amuletum Palmarij. Afterward he was caused to sweat five or six times with this potion following.

Take the distilled water of lignum vitæ two ounces, salis ejusdem 1 scruple, water of Carduus benedictus 2 ounces, which being mixed he drank it warm in the morning, and sweat thereon two hours. After he was purged, he dressed the fistulaes two hours with this unguent untill they were mundified) upon tents of shoe leather. When the fistulaes were cleansed, he dressed them onely with Emplastrum Fodicationis (being made liquid, to wrap up the tent with) till they were whole.

The mundificative ointment was this.

Take oil of wax, of succinum, of guaiacum, oleum hypeconis compositum, of each 2 ounces, mix them without fire and use it with the aforesaid tents. Also you shall note, that he drank no other drink then this, all the while. Take lignum vitæ, the bark, sassaparilla of each 4 ounces,

the roots of Tormentill, Bistorta, virga pastoris, liquorice of each 2 ounces. Juniper berries 1 ounce, Walnut leaves Venicle, Alchimilla Mugwort, Hypericon, Pimpinella, Comferry of each 2 handfuls. Bring these into powder and for every gallon of new tunned drink, adde thereto, two or three ounces of this powder, in a linnen cloath: let it be stale, and let him drink thereof.

Chap. XLI.

The cure of Lichen or Impetigo, by *M. K.*

A Certaine maiden sixteen yeares old, had all the flesh on her thumb and forefinger eaten away, with the forsaid disease: which was cured by strawing thereon, saccarum Saturni, and applying thereto Cerotum magistrale Fioravanti.

Chap. XLII.

A great Wenne taken away, by *W. H.*

One that was troubled with a great wen, had it taken away, by washing it with strong lie made of oken ashes. I have been told since of a certain, that if ye rub the Wen often with the hand of a dead man untill the Wen war hot it will consume away in short time after. Some roast an egge hard, and cut it in the midst, and lay it thereon, and using this often the Wen will wear away.

Chap. XLIII.

A Medicine for the piles, and for St. *Anthonies* fire, for the scalding of childrens water, to cool skin and heal all inflamations in elder persons.

Take three or four pound of butter fresh from the Therm, without any salt, set it on a few embers either

either in an earthern or silver pot, and let it clarifie un-
till it be clear, skum off the top and pour it into an ear-
then pot, and put to it as much of the flowers of olers
picked from the stalks, and of the green fresh leaves,
and of the inner green bark, the cullet outside being sera-
ped off, of elder and barbes of each a third part, so
that there be two parts of leaves and barks, and one of
flowers, chop the leaves and barks reasonable small, put
them all into the clarified butter, and set it on some em-
bers and let it stew softly a good part of a day, there
must be as many hearbs as will go into the butter, it
must be very green if once doing will not serve you must
do it twice, when the hearbs grow hard in the butter,
then they are boiled enough, when it is almost cold, you
must put in two pretty spoonfuls of fine searced sugar,
and stir it well together; if the sugar be put in, before
it be somewhat cold, it will stick to the bottome and so
do no good, keep this in glasses or pots for your use, for
the piles lay a little lump upon a double rag, and apply
it to the place.

Chap. XLIIII.

The making of a most excellent Searcloath or Plaister.

One I. Barber, aged about fifty, by an old bruise had
his leg ranckled, and a tumor fallen down into it,
wherein the flesh was eaten away to the bone, and was
cured with the applying this Plaister or Searcloath.

Take a pound of Bolealmonack, and a pound of Red-
Lead and powder them in a Mortar very fine, and searce
them through a fine silk searcer, and when they be sear-
ced and mingled together, put them into a skillet, and
put thereto as much salled oil as will wet it throughly,
and set it over the fire in a little skillet till it begin to
boil, then cast a spoonfull or two more of oil to it, and

seeth it to thicken it again, and then adde a little more oil again, and still let it seeth upon a very soft fire, stirring it continually with a silver or brasse spoon, and so feed it still with oil, untill it come unto the perfection of a salve, which you shall know by the wetting of the end of a white linnen rag in it, and taking it out till it be cold; for when you perceive by the rag so dipped, being cold, that it feeleth oily and wet, then by that you may know that it is not yet come to perfection, and therefore you must let it boil more till it come to a better perfection; ever and anon trying the cloth in it, which cloth you may afterward make a Searcloath of, it must not be any hard cloath but soft, it will be somewhat above half an hour in boiling and it must be always stirred, and when it is boiled to the perfection, dip your cloths throughly in it, and so take them up and let them cool and then role them up together, and wrap them up in lether made of sheeps skin let the lether be white, it will keep good 7 years, if you keep it close, and if it grow dry annoint it over with a feather dipped in sallet oil. when you apply this searcloth to any wound or sore, warm the searcloth before you lay it to it, and put so much white leather one the back side thereof, as you put searcloth, and so when the one side is worn long, you may use the other side to it, if the sores be many, and do stand close together, cut little pieces of the searcloth and lay them upon each sore, and then lay a big piece of searcloth over them all, but let not the great piece be bigger then to cover the sores, except the sores have much swelling about it, and in that case let it be bigger, the wound must be dressed morning and evening with the same searcloath, onely every time it is dressed wipe the corruption off from the searcloath, which it hath drawn from the sore, and so lay it one again, if the wound be rotten and stinking you may change the lesser plaisters which are next the sores once a week, but otherwise you may continue to use the same a fortnight or better, but still at every dressing cleanse the

filth

filth off from them, it will take away the rottenesse, and draw out the filth and heal it, but it will not heal it till it have fully cleansed and drawn out the corruption, neither will it suffer any proud flesh to grow therein.

The rare effects which have been wrought by this plaister is hardly to be expressed, and after good proof thereof Mr. Cradock of Cambridge, gave 8 pounds for the Receipt.

Thus much briefly, is expressed and declared concerning wounds and ulcers: wheresoever they be, or howsoever they arise, by which examples, the juditious practioner may undertake other things, which are not here mentioned. It followeth now (in manner aforesaid) to set down the observed practises of those that have cured internall diseases, which have taken effect and brought forth syntoms, outwardly or inwardly.

Chap. XLV.

Of the cure of grievous aches and pains, performed by *W. H.*

A Certain man was greatly afflicted with divers wofull aches and pains in his shoulders, who was cured, by receiving a dose of Aromatico, and by application of emplastrum fœtidum, unto the grieved part.

Chap. XLVI.

The healing of aches coming of the Pocks, by *W. H.*

One of a very dark and melancholly complexion, to whom some men in London, had given the fume, and the unction three or four times: and yet left him possessed with most pitifull aches and pains in his joints; who for want of maintenance was inforced to go into the country where he was born, and was there pitied of an honest

Gentleman, which cured him in this sort. First he purged him twice or thrice with Aromatico Leonardo, which done, he took for three or four days together half a [illegible] of the extract of Hermodactiles, with white wine. Then unto the particular parts that were grieved; apply emplastrum fœtidum, and thus, in short time he was healed throughly.

Chap. XLVII.

A notable experience of a medicine that hath brought great ease, to any great ach or pain, as of the gout or otherwise,

Take one or two of the formost sucking whelps of a mastiffe or bear bitch, kill them, and take forth the guts, fill them with black snailes, rost them, and bast them with 12 ounces of oil of spike, coloured with saffron. Reserve that which droppeth from them, and mix it with as much oil of war, and therewith anoint any ach or grief.

Another remedy against an ach.

Take a pound of Sage-leaves, a pound of Rue, half a pound of Wormwood as much Bay-leaves, boil all these in Smiths-water, and apply them hot to the place.

Chap. XLVIII.

A particular way whereby the pain of the gout is soon eased and prevented.

Take minium the yolk of an egge, oil of tartar, oil of roses, as much of each as you think sufficient, and with a little saffron make it in form of a plaister, and lay it on cold. There was a Gentleman grievously vexed with the gout, who was in this sort soon eased. First when he supposed that the pain would come, he took a

dose

ſe of Aromatico Leonardo: then the next day unto thoſe
rieved parts, be applied this plaiſter. Take a pickle
rring, and cut forth the bone, ſtamp it very ſmall with
little Bolealmonack, and roſe water, and apply it cold to
e griefe from place to place as it goeth. Many men, af-
er they have been well purged, have had great eaſe by a-
nointing the place three or four nights together with
qua ballami Fioravante. Alſo oleum ceræ, is very profita-
ble in that caſe.

Another for the ſame.

Take two quarts of pure live honey, and two pound
of Sage flowers, and diſtill them in a roſe-water ſtill
with a ſoft fire, and drink every morning ten or twelve
ſpoonfuls faſting, and faſt an hour after, and it will
marvellouſly abate the humour, and give eaſe unto the
party grieved.

Another for the Gout.

Take a red woollen cloath, lay pitch upon it, & melt
it againſt the fire and make a Plaiſter of it, and lay it to
the place as hot as you can ſuffer it, and when that hath
lain all night, make another plaiſter as aforeſaid and lay
to the place.

CHAP. XLIX.

The cure of gouts, and all other aches coming of heat, by *L. F.*

FIrſt the party is to be purged with Aromatico, then
this plaiſter applied, which is attractive, reſiccative,
reſolutive, as being intentions far better fitting that
purpoſe then any other. Take the marrow of the bones
of a calf new killed 1 pound vitriol in manner rubifi-
ed, 1 pound and a half, Cantarides in fine powder, 1 ounce

the

the ashes of the vine, 6 ounces, mixe them all on a small fire, untill they be incorporated, then with oil of wax make it in a liquid ointment, and spread it on a cloath, and lay it on cold. And when it waxeth dry, chafe it till the pain be ceased: this hath eased many in a short time.

Chap. L.

The remedy against the Scorbute or Scurvy: and the gout, by *W. T.*

A Young man of 26 years of age, mightily troubled with the gout and scurvy, was after this sort cured. First he was purged with Aromatico Leonardo. Then he used the purging drink every morning, that he might have each day three or four stools. At night he took two ounces of the distilled water of lignum vitæ, with 1 ounce of the sirrup of Couslips. Also he used to eat these conserves following mixed together. Take conserve of Couslips 4 ounces, of sage, of rosemary flowers, of each 2 ounces, of red roses 1 ounce; the quantity which he took at once was as much as a walnut. Also he anointed the grieved parts with this unguent. Take auxungiæ humanæ distilled two ounces, oil of Turpentine two ounces, of wax half a dram mixe them together. Also in his usuall drink which he drank with his meat, was mixed Chamepiteos, Sage, Rosemary, Betony: this was the purging drink, take the strong decoction of lignum vitæ, put therein of the leaves of seva, four ounces, Epithimum, two ounces, Hermodactiles, four ounces, Turbith, one ounce, Coloquintida, half an ounce, let them stand in warm sand 24 hours and strain it, this he drank in the morning fasting.

Chap. LI.

Tumors in all parts of the body taken away by *R. A.*

This medicine hath been so well approved, that it were infinite to recite the number of those that have found comfort by it. The party must first be purged twice with Aromatico Leonardo, then give unto him two ounces of Quintaessence solutive, with one ounce of syrrup of roses, four or five mornings together: and after it drink a little good broth made sweet with sugar: that done, drink this water following. Take Herbegrace, Sothernwood, Mugwort, Wormwood, of each one handfull, Juniper-berries, three or four handfulls, cut the herbs and bruise the berries, and infuse them in a gallon of white wine vinegar, 24 hours in a warm place. Then distill it with a gentle fire: this done, take that distilled vinegar, and infuse therein fresh herbs and berries, and distill it again as before. At the last infusion, you shall put therein four ounces of good Mitridate, or Triacle, and distill them together, and keep them close for your use. Thereof the patients took at four a clock in the morning four ounces very warm, whereupon they laid them down and sweat, two or three hours, alway wiping it away with warm cloaths. Every sweating time they changed their shirts. When this medicine was ministred to a woman, she took but two ounces thereof. In this sort are cured not onely Tumors, but sores, pustules, fevers, jaundies, gripings, emrods, Piles, &c. and suffereth no grosse kind of humour to remain in any part of the body, making the skin also cleer, soft, and smooth.

Chap. LII.

Swelling of the cods mitigated and dissolved by *R. A.*

A Man riding on a trotting horse, had his stone swoln as big as ones fist, who was thus helpen. First he was purged once or twice with Panchimagogus, then this Cataplasm was applied warm unto the part twice or thrice a day. Take the crumes of brown bread, bean-flowr, of each as much as is sufficient, boil them with new wort; when it is almost boiled put therein a little Commin-seed, and a dish of fresh butter, and so apply it warm.

Another for the same.

Take a pint of pure honey, as much bean-flowr, and two spoonfuls of vinegar, of Commin-seed 2 ounces, mix them well together, and spread it on a cloath, and warm it a little against the fire, and apply it.

Chap. LIII.

The cure of a painfull Ischiatica, by *I. H.*

A Man that was grievously troubled with the Ischiatica, was healed in this manner. First he was purged with Aromatico; then he took for five or six mornings together, two drams of Quintaessence solutive, with syrup of roses, and after the taking thereof he drank a little sweet broth. That done, he drew a blister with Cantarides, and when it had run enough, he anointed the place with oleum de terebinthinæ & cera, and in short time he was holpen: since which time many have also been helped of that grief, by anointing the grieved parts with Aqua balsami Fioravante.

Another

Another for the same.

Take an ounce of Deers suet, and two ounces of the best rosin, and put it in a pipkin with the Deer suet, and let them melt and boil together a quarter of an hour and more, stirring it sometimes in the boiling, and then take it off the fire, and pour it into a bason of common water, up to the water, and let it remain, till it be almost cold, then work it up into little rales with your hands, and let it lie again in the water, till it be throughly cold, after which lay it up for your use: and when you have need to use it, spread it upon white leather, and warm it before you lay it to the sore, dressing it evening and morning, this will also heal any green wound, without suffering any proud flesh to grow in it.

Chap. LIV.

An excellent remedy against the cramp proved often by *R. G.*

They that were infected therewith, rub upon their bare skin and places grieved, wear the root of common flag. Also the skins of twenty silver eels, new flean, and chopped small, boiled in two pounds of May butter, and four handfuls of Rue, strain it well, and anoint the place and it will work the same effect. A worshipful Gentleman, that had divers times proved the same, desired for the great comfort he found by it, that it might be made publick.

Chap. LV.

Contraction or shrinking of sinews, with consumption of the parry, holpen by *W. H.*

A man 28 years old, having a sore and grievous ulcerated leg, fell into the hands of inexpert Surgeons, who with their corrasives, shrunk up his sinews, so he could

neither go nor stand, but in short time after, he was cured in this manner. He was once purged with Aromatico, then he took Quintaessence solutive two or three days together, in syrup of roses, and drank thereupon a little broth. Thereafter he used the bath divers times, and anointed him with sublime ointment, of the green ointment, which you will find towards the latter end of this book. Another man having his hand shrunk together upon the like occasion, was healed in the same sort. This is the description of the bath. Take two or three young whelps that cannot see, boil them in water with Mallows, Mallebock, Mellilot, Wallwort, Camomill, of each a handfull, boil the whelps, till the flesh fall from the bones, that done strain it, and use to bath therewith very warm.

Chap. LVI.

The cure of one whose neck was drawn awry, by *W. T.*

A Child had her neck drawn awry, with a kind of convulsion or cramp called Tetanus, and was thus cured. First she drank every morning and evening a little aqua ballami Fioravanti, then was her neck anointed with some of the said water mixed with magno licore Fioravanti, and in ten days she was cured.

Another of the same, by *W. T.*

TAke oleum de lateribus, one ounce, oleum Terebinthinæ half an ounce, of Juniper berries two ounces, of Cloves one ounce, Nutmegs, Maces, of each half a dram, mix them with oleum cera, so much as will make it in form of a liniment, and therewith anoint the parts.

CHAP. LVII.

The Squinancy cured, by *I. P.*

This medicine following, did help one that was so [illegible] swolne and grievously paines, that he could scarcely eat or drink. Take olei philosophorum de lateribus 1 ounce olei lini, fix drams, olei cera, one ounce, mix them warm, and anoint the place infected oftentimes in the day. Also one dram of the tooth of a wild boze, being drunk with three ounces of the oile of Line-seed, doth help it presently.

Also another man was forthwith cured thereof, which drank one spoonfull of Aqua bullarni, and wetting a cloth therein applied it to his throat.

CHAP. LVIII.

The cure of Alopecia, by *I. P.*

MAgno licore Fioramante, being anointed on the head causeth the haires to grow again abundantly, which are fallen away, and to wax black. Balsamum sulfuris also doth the same.

CHAP. LIX.

A gargarism to purge the head, by *I. S.*

TAke Spiknard, Alizander-seed, of each 1 ounce, beat them into powder, and boil them in vinegar till half be consumed. Then strain it, and put thereto half a pound of mustard, and four ounces of rose-water, boil it a little. Keep it close for thy use, and when you will, you may take a spoonfull warm in the morning, and gargle therewith.

Another gargarism to purge the head and brain, by Dr. *Deodate*,

Take six spoonfuls of wine vinegar, and twelve spoonfulls of water, and two spoonfuls of honey, clarifie them together and adde thereto one spoonfull of mustard, and gargle therewith.

Chap. LX.

The Pin, and Web, cured by *M. R.*

He took a handfull of Centumpedes, or sows, stamped and strained them with ale, and gave the patient to drink thereof three or four mornings, and willed the patient to stop his nose and mouth, and to hang down his head, and therewith he was healed, as I was credibly certified.

Chap. LXI.

A water for sore eyes, proved by, *M. E.*

A Gentlewoman with this water, hath cured a very great number of sore eys. She took an egge hard sodden, cut in the middest, and took forth the yolk, and put thereto as much white Coporas as a nut. Then she closed it together, and wrapped it in red Fennell, and laid it to steep four and twenty hours in Rose water, then she strained it hard through a cloath, and dropped it into the eys morning and evening, it was held for a great secret.

Another manner or way to heal the Pinne and Web in the eyes.

Take nine of the Worms called Centumpedes, or Stains, stamp and strain them with the juyce of Woodbine, or Betony, for three or four mornings together warm; which being drunk will consume the web in the eye.

Another way to cure a Web or Pearl in the eye.

Take the white of a new laid egg beaten to an oil, and the juyce of Deasy roots and leaves, and of the juyce of the leaves and roots of brown Fennel, and of the juyce of the leaves & the roots of white hony-suckle with the three leaves and the figure of an eye in the leaf, take of these juyces two good spoonfuls, and put to the white of the eg, and a little spoonful of pure honey, and a spoonfull of womans milk and one spoonfull of Rose-water, and a half penny-worth of Sperma city, as much white Sugar-Candy beaten, and as much white Coporas as a good Nutmeg made into fine powder, work them all together with a silver spoon, and scum off the foam, and put it into a glasse close stopped, and lying on your back with a feather drop 2 or 3 drops at a time into your eye, using it so three times a day till it is well.

CHAP. LXII.

The staying of the bleeding at the nose, done by *M. R.*

TAke burnt Lome two handfuls, sharp vinegar half a pound mire them well, and lay it between a linnen cloth: and bind it to the forehead cold, and in short space it will stint.

Another

Another for the same, by *I. H.*

A man of fifty years of age, had a great flux of bloud at the nosethrill, which had continued a long time, and could find no remedy, till he used this order and medicine following. First, his ring finger was bound hard with a thred, then was the cataplasm following applied to his forehead and temples.

Take burnt lome made in powder, strong vinegar, as much as will suffice to make it in form of a cataplasm to be applied cold, thus in few hours the bloud stinted. Nevertheless he took morning and evening the same of Succinum album, at the mouth and nose: which stayed the flux and comforted the vitall and animall spirits. His meat was cold and drying, his drink was water, or red wine, wherein was put Crocus martis.

Another kind of curing the same, performed by *D. B.*

One bleeding at the nose a day and a night, was thus helped: he made a tent of lint, and dipped it in Ink, and put it into his nosethrils, and laid a defensative over his eys and nose, made with Sanguis draconis, Bolearmoniack, and a little vinegar.

Another way.

Many have been cured, by applying unto their pitties, a linnen cloath wet in vinegar.

Another.

Some have had the bleeding stinched, by applying the herb Pennies unto the nose.

Other

Other ways to do the ſame.

Cardus Benedictus bruiſed, and put up into the noſe-thrills, ſtayeth the bleeding at the noſe. The ſame it perfourmeth in a wound. Noſe.

The herb Geranium, which hath a red ſtalk, being put into the noſethrills or wound, doth the ſame: very often proved.

In like manner, and to the ſame effect, worketh Crocus martis.

Alſo the bloud of a man dried, worketh after the ſame manner: both for the ſtaying of bloud at the noſe, and in a wound.

CHAP. LXIII.

Spatting of bloud, ſtayed by *I. H.*

A Certain woman ſpat bloud three or four days in great quantity, who was cured by drinking the decoction of mints in vinegar.

Another for the ſame.

Alſo five or ſix drops of oleum Machich, drunk in Cinamon water, ſtaieth the ſpatting of bloud.

CHAP. LXIIII.

The falling down of Vuula, and the inflamation of the Almonds, in ſuch ſort, that they could not ſwallow their meat, nor fetch their breath well, cured by *W. T.*

TAke white Amber grotely beaten 1 ounce, and with a funnel take the fume thereof, caſt on a few coals mea-

ning, noon, and night. Then take one ounce of old leaven, and spread it plaisterwise on a cloath, strew thereon a little Comminsée, and the powder of white Amber, and apply it half an hand bredth to the crown of the head the space of a whole day, then at night lay on another, and in short time it will take away the swelling, often proved.

Chap. LXV.

The cure of the hicket, by *W. B.*

One that was divers times grievously troubled with the Hicquet, was cured by applying a brown toast warm to his stomack: the tost was stéeped in Triacle and Aquavitæ.

Another.

Divers have béen cured by taking thereof four or five grains of Laudanum nostrum, in wine or Malmsey.

Chap. LXVI.

The falling sicknesse cured, by *W. H.*

A Certain woman, being a Barbers wife in Bedfordshire, which was grieved therewith every change of the Moon, was preserved, by taking each day thrée drops of oleum Heracles, with the extract of Pione.

Another performed by *I. H.*

First you shall purge them with the extract of Helleborus niger: the dose whereof is from eight grains to twelve, being before wéll corrected, and then drunk in some convenient liquor or potion. That done, he gave them

morning and evening of this composition: the longer they use, the better it will be for them. Take essenciæ Peoniæ, conserve of Rosemary flowers, of Betony, of each so much as is sufficient, mixe them together in form of an electuary: then adde thereto for every ounce of that composition, of oleum cranij humani, one scruple, and half a scruple of oil of Rosemary flowers, and twelve ounces, of oleum vitrioli. Whereof let them take half an ounce at a time, either by it self, or with some convenient liquor, broth, or potion. Also the nuske of the neck must be anointed with oleum castorei: when they do fall you shall anoint their nosethrils with oleum succinum, for that will in short time recover them again. It will also be very expedient to use those things that comfort the brain and heart.

Chap. LXVII.

The cure of the Iaundies, by *I. P.*

A young maiden much infected with them, was in this sort cured. She was twice purged with Aromatico, and as often with Panchimagogon. This done, she felt her self very much eased, save onely in her yellow colour, which was thus also taken away. She took three or four mornings three ounces of the decoction of Cowslip-dung, two scruples of the extract of Centory which she drank warm, and so was cured.

Another for the same, by *W. H.*

A Woman that had the yellow Iaundies above two years together was thus cured: first she took one ounce of Balsamum artificiale, with a spoonfull of white Wine in the morning, which caused her the next day, to be as yellow as Saffron, all her body over, yea her hair of her head, and the nails of her hands and feet, very strange

to behold. The third day, she took the same again, and in three times she was perfectly cured. This was at Carleton, five or six miles from Bedford. Certain practitioners, have found a great secret in the salt called Lapilli urinæ, or Paracelsus his Rebisola, against the Jaundice and all obstructions.

Another way by the same person *W. H*,

TAke Nucis Cupressi, Cassiæ ligni, of each one ounce, extract Centaurij, two scruples, mix them, and drink it in white wine warm: and they shall after the receipt thereof, evacuate in their urine, great store of yellowish choller, but by taking this medicine twice or three, it will vade quite away, as hath been often proved. Remember that before you take this medicine (that it may work with better effect) you receive a dose or two of Aromatico.

The cure of the Iaundies, with obstruction of the menstrues, performed by *W. H.*

A young Gentlewoman eighteen years old, was greatly grieved with the Jaundies, and suppression of her naturall sickness, but was in this sort cured.

Take water of Madder roots, Sage, and Betony, of each four ounces, Spiritus Tartari, two ounces, oleum vitrioli two scruples, mix them and drink thereof morning and evening two or three ounces warm. Also you shall note, that she was purged once (before she took the drink) with Aromatico Leonardo, and so was perfectly cured, and had her courses again, which before she wanted seven monethes and more.

Chap. LXVIII.

The healing and cure of great windinesse in the stomack, by *I. H.*

A Certain Gentleman, was so afflicted with a windinesse in the stomack, that many times, with extream pain he fell into a sound. In this misery he continued three years and more, but in this manner he was holpen: first he took Aromat. Leon. which evacuated upward and downward, the grosse and discons cause of this wind. After that he had used this potion following forty days together. He took every morning and evening Spiritus Tartari, corrected with his Christaline salt half a spoonfull, Aqua preservans as much. This withdrew the cause, opened all obstructions in the body, so that in a moneth he remained perfectly cured.

Chap. LXIX.

Cough of the lungs, cured by *W. T.* after this manner.

TAke Aquæ Marrubij six ounces, sirrup of Juiubes three ounces mix them, & make thereof a Julepe: whereof the patient took four spoonfuls, with one dram of Balsamum sulfuris, every four hours till he was well.

Another cured by *W. T.* which had also a sore stitch in the side.

FIrst he took Aromatico Leonardo, and then took this potion following for certain days. Take Carduus Benedictus, Hypericon, Folefoole, a little Enula campana, make thereof a decoction with Ale; and he drank every morning one scruple of Ballamum sulfuris, and a spoonfull of

of Aqua balsami Fioravante, morning and evening till he was cured.

Chap. LXX.

Shortnesse of breath with a cough, remedied by *M. R.*

First he was purged with Aromatico Leonardo, then he used this diet, with hot and drying meats, rost or sodden, Enula campana, Hysop, and Liquorice, were infused in his wine. Also he used every morning to drink or eat in a rere egg, half a scruple of balsamum sulfuris, and thereby was safely and quickly cured.

Another remedy for shortnesse of breath.

The Wormes called Centumpedes or Bows, are of great virtue to discharge the lungs that are stuffed with fleam.

Chap. LXXI.

An approved way to stay vomiting, by *M. R.*

A Man of thirty years old, was troubled a long time with sore vomiting, throwing up presently whatsoever he eat or drank and was thus relieved. Take Malmsey six ounces, oleum vitrioli, fire drops or more, mixe them together, and take thereof every morning fasting, one ounce, or thereabout, and in short time it will stay the vomit.

To

To stay vomiting of bloud.

Take five or six drops of oil of Mastick, and drink it in Cinamon water.

To stay vomiting another way.

A Pultus thus made as followeth, and applied to the stomack, staieth vomiting. Take Rie-leaven, and mire it with the juyce of mints, and a little vinegar over the fire, in form of a pultus, when you do apply it to the stomack, strew thereon the powder of Cloves, and so oft as it cooleth apply it warm. Also a Rie toste steeped in vinegar, is profitable for the stomack.

The oil of Wormwood (that cometh by distillation) being drunk with convenient liquors, or potions, and the same compounded with other convenient things, and applied to the stomack, both worke a notable effect this way, and is good against many other maladies.

CHAP. LXXII.

Vomiting of bloud, with a cruell flux of the belly, by *M. R.*

A man forty five years old that had congealed bloud in his body, did vomit abundance of bloud, and avoided downward a certain black matter like unto pitch. He had a great stitch in his side without a feaver: and always when he vomited it was thought he would have died, this man was by Gods help thus cured. First he took this potion. Take the water of nettle roots eight ounces, oleum vitrioli, as much as will make it tart. He drank thereof cold, which presently mitigated both the fluxes. Then unto the stomack and throat, was applied

ed this pultus warm, both morning and evening which wrought an excellent effect. Take the crums of Rie bread, Red-wine or Aligant, and boil them to the form of a pultus. Then he took at the mouth and nose, the fume of Succinum or Amber, which strengthened the vital and animall spirits. His side was anointed with this oint ment, which took away the pricking and pain. Take Unguent de Althea, four ounces, amigdalarum dulcium one ounce, mixe them, and therewith anoint the side, morning and evening. His diet was this, all his meat was boiled in red wine, or Smiths water, his drink was the decoction of Nettle-roots or Red-wine, wherein Steel had been quenched divers times.

Vomiting joined with a feaver.

A Gentleman afflicted with these griefs, was in this manner comforted. Take Aquæ ballami one ounce, aquæ prefery, two ounces, olcum piperis, six grains, mix them well with a good spoonfull of the Syrup of Quinces, and so she drunk it at the beginning of the heat.

Chap. LXXIII.

Plurisie, with spatting of bloud, cured by *M. R.*

FIrst there was made this purging preparative. Take Senæ six drams, Cardaus Benedictus half a handfull, Sugar half an ounce, Ginger half an ounce, let them to infuse one night in warm whay, made of Goats milk, one pound and a half, whereof ye shall give morning and evening four ounces warm: this purgeth gently, and causeth to spat easily. Then three days after, they must bleed well on the liver vein, and their drink at meals, was the decoction of hyssop, violets, liquorice, and raisins with sugar.

Plurise

A great and sore Plurisie, cured by *M. R.*

A Certain man of twenty four years old was vexed with a most grievous plurisie, with pricking and spetting, and a cough, with a continuall feaver and inflamation of the tongue. First there was good store of blood taken from the liver vein, on that side where the pain was. Then were these syrups that do decoct and purge) ministred unto him. Take Sirupi de liquericia, de hysopo, acetole, of each one ounce, Oximelitis squillitici, aceti squillitici of each three ounces, make thereof a loch, whereof in the morning he licked with a liquorice stick, which caused him to spit easily, and took away the heat as burning of the tongue, being used with this decoction, Take French Barley three ounces, Carduus Benedictus one handfull, Roses, Violets, of each one pound, Liquorice scraped three drams, Figs three, Raisins of the sun stoned, one ounce and a half, Sugar Candy two ounces, boil them in fifteen pounds of water, till two pound be wasted and so drink it cold. Also his diet was light and thinne, as broth and drink, &c.

Plurisie with inflamation of the tongue, and costiveness of the body, cured by *M. R.*

First they were purged with Aromatico, and then used this gargarism. Take Sempervive or Houseleek two handfulls, boil them in a quart of water till a third be wasted. Then strain it, and put thereto two ounces of white vinegar, wherewith they gargarised warm often-times. Then they used Mel-rosarum, which took away the blackness of the tongue. Their diet was moist and cooling as followeth. Take French Barly half an ounce, Figs seven, Raisins of the sun stoned, four ounces, boil and strain them, and put thereto oleum vitrioli so much as will make it tart, and so drink thereof.

A Pluriſie in a woman, cured.

Firſt ſhe was purged with Aromatico Leonardo, then unto her ſide there was applied this unguent, ſeven or eight times a day, which took away her pain. Take unguenti de Althea two ounces, oil of ſweet Almonds half an ounce, mixe them together: the next morning ſhe was let bland in the baſilike vein, on that ſide where her pain was. Her diet was the ſame that was ſpoken of before. After meat ſhe uſed a Lochanum before preſcribed for this purpoſe, and ſo in ſhort time ſhe was cured.

Another woman cured of the ſame diſeaſe, by M. R.

Firſt there was miniſtred unto her this potion. Take the water of Carduus benedictus half a pound, oleum vitrioli, enough to make it tart like a Pomegranate. The next day ſhe was let bland in manner aforeſaid about ten ounces. After ſhe had bled, ſhe took this potion following five days together morning and evening, which cauſed her to ſweat well, and thereupon ſhe was quickly cured.

The Diaphoreticall decoction.

Take Cardui benedicti two handfull, Liquorice ſcraped three ounces, Figs five, Raiſins two ounces, ſugar candy one ounce and a half, boil them in a ſufficient quantity of water, and ſtrain them to drink.

A Pluriſie broken with a potion.

For the breaking of his Apoſteme, there was miniſtred unto him Aromatico Leon. with ſented water. The next day the baſilick vein, on the Pleuriticall ſide was

opened.

opened. His drink at dinner and supper was this decoction. Take Hepatica one small handfull, Violets two handfuls, six Figs, Liquorice scraped half an ounce, Raisins four ounces, boil them in nine pound of water till one pound be wasted, then strain this pectoral decoction, and use it.

Another cured in this manner.

First he took Aromatico Leonardo, and thereupon drank the water of Carduus Benedictus. The next day, they let him blood on the same side where the pain was. His diet was moist and cooling, and he drank Barley-water mixed with syrup of Roses, and oleum vitrioli, and shortly after was cured.

Chap. LXXIV.

An inward impostume or bastard Plurisie, cured by *M. R.*

A Man having an Impostume in his side, which would have turned to the Plurisie, was thus cured. Take a good sweet Apple, and cut off the crown, take out the core, and fill it with powder of Olibanum, bind on the crown again, and roast it under the embers, till it be soft. Then mixe with it three or four drops of oleum vitrioli, and let the patient eat it, and sweat thereon.

Also with the same medicine, at the same time, there was a boy helped, that had a plague sore on his neck.

Pain in the side, with a cough, cured by *W. T.* after this manner.

Take Floris Sulphuris two drams, the extract of Enula Campana one dram, Ireos, and Liquorice, of each one ounce, Honey so much as will make it in form of an e-

lectuary. Before it be made up, put thereto half a ſcruple of Oleum ſulfuris, and uſe it morning and evening.

CHAP. LXXV.

Pain, and wind in the body, cured by *I. H.*

A Certain woman twenty eight years of age, being often troubled with a griping pain, and wind in her body, was preſently eaſed, by taking four or five grains of Laudanum noſtrum in Malmſey, with two three drops of oil of Aniſeeds. After this manner divers perſons have been cured. Provided always that the body be loſe, elſe muſt it be moved, either with ſome gentle gliſter or ſuppoſitary.

The expelling of wind out of the body, by *L. F.*

THis courſe following, hath been divers times proved moſt effectuall, againſt the wind in the ſtomack, and other parts of the body. Firſt let them take a doſe of Aromatico Leonardo. Then let them take morning and evening, half a dramme of this compoſition, three or four dayes together, either in potions or pills.

Take the eſſence of Gentian, three drams, the eſſence of Ginger, oil of Aniſeed, Fennelſeed, of each half a ſcruple, make thereof a maſſe, and keep it to your uſe.

Chap. 76.

Chap. LXXVI.

An excellent Electuary to expell wind revive the ſpirits, it alſo purgeth melancholly and choller, and comforteth the ſtomack: with a moſt excellent and ſoveraign Plaiſter to be made by the Apothecary, and applied outwardly to the ſtomack Adminiſtred and Applied, by *D. E.*

Take Aq. meliſ. menth. of each five drams, therincal. ſtill. cap. ceru. of each three drams, e ſe. aurant. two drams, Diaſco. half a dram, conf. de hyamith. one ſcruple, ſyr verum rubr. half an ounce, cubi Pæi, two drams, clyſſ. citri. one ſcruple, fiat Electar.

The Plaiſter.

Admoveat regirin ventriculi, Emplaſt. Stomachicum.

Chap. LXXVII.

The Signs and Tokens, whereby you may know whether you have a Dropſie or not.

There be theſe three ſymptomes or ſigns of a confirmed Dropſie. Firſt, the tongue is white and cold, 2. The navel is ſhrunk into the belly. 3. The veins in the belly are apparent, and viſibly to be ſeen. And where theſe things are found, they are infallible declarations of a grounded Dropſie.

Chap. LXXVIII.

The cure of the Dropsie, performed by *W. T.*

A Man of three and forty years old, troubled with the Dropsie, was in this manner cured. Take the roots of blew Flower de Luce sliced, and steeped in vinegar three or four hours, and then dried half an ounce, of the bark of Lawrell roots so prepared, as much; the leaves of Sena in powder one spoonfull Aniseed and Ginger, of each one dram, mixe them, and take of that powder every morning, from the weight of four pence, till it give you four stools a day, continue herein so long as you shall think it good.

Chap. LXXIX.

The killing and expelling of Worms in the stomack, by *I: H.*

AN infinite number of people, both young and old, have been cured thereof, with this composition following. Take the seed of Carduus Sanctus, Wormseed, Dittany, Semen Caulium, cornucerui usti, corralline, vermium terrestrium, of each half a dram, mixe them in fine powder, and give thereof half a dram, either with honey or sweet milk, in the morning and evening. Anoint also the stomack and belly downward, with this unguent following, and apply a little unto the navell with brown paper and no doubt of it, within two or three days, the patient shall be cured. For it doth not onely kill the worms, but causeth them to come forth by siege, making the belly soluble, so that they shall have two or three stools in a day. The cataplasm or unguent is this. Take Farinæ lupinorum, Aloes, centauriæ, myrrha, theriacæ

optimæ

opium, of each half an ounce, beat them into fine powder, and make thereof an unguent, with the juyce of peach leaves, and keep it to your use. Also two or three drops of oleum vitrioli, being drunk with water of gramen, or such like, for three or four days, killeth worms. Also two drams of Quinta essentia solutivo Phioravante, drunk with one ounce of Syrup of Roses, killeth the worms, and expelleth them by siege.

CHAP. LXXX.

A Quartain of long continuance, cured by L. P.

First he was purged with twelve grains of Lapidis Philosophale Leonardo Phioravante, mixed with half a dram of good Methridate, the next day he took of this decoction warm six ounces, and so continued fourteen days morning and evening. Take Chamepitys one pound, white wine eight pounds, white honey one pound, distill them with a gentle fire, till five pounds be come forth. Then let it cool and filter that which remained in the vessel, and mixe it with that which was distilled before, keep it in a glasse close stopped, and use it. Also the reins of the back, was anointed every night with Balsamum artificiale Leonardo Phioravante, and so he was well cured.

CHAP. LXXXI.

An approved remedy against the Pestilence, Pluriſie, and Quartain.

Divers people have been cured of these foresaid diseases, by taking a dose of Turpetum Diaphoreticum, Paracelsi, either with Amuletum Palmarij, or with some sweating good Methridate, in the morning fasting, and sweating thereupon. Sometimes it is given with

with other potions or compositions, according to the disease.

Chap. LXXXII.

The ſwelling of the ſpleen in a melancholick perſon cured by *W. T.*

A Certain melancholly man, was much grieved in his milt, heart, and head: but he was thus cured. Firſt he was purged with one ſcruple of Panchimagogon and one ſcruple of the extract of Sena, mixed with ſyrup of Roſes, and two or three drops of oil of vitriol. That done, he took a quart of paſſet ale, made of white Wine and Burnet, and drank there of morning, noon and night a good draught, with half a ſpoonfull of Aqua Balſami Fioravante. Alſo now and then he took morning and evening a toſt of white bread, ſteeped in Aquam Preſervam, and within ten days after, he purged again, and ſo remained in good health.

Chap. LXXXIII.

Frantick feavers for want of ſleep, often cured by *I. P.*

MAny that were ſo grievouſly vexed, with a burning feaver that they could not ſleep, and were in manner frantick, have taken five or ſix grains of Laudanum, with conſerve of ſuccory flowers, and therewith were ſpeedily delivered out of their extremities.

Peſtilent feavers with great thirſt, cured by *I. H.*

Firſt they were purged once or twice with Aromatico Leonardo: then was the ſtomack comforted with ſome pectoall potion. That being done, there was Barley-water

water made with raiſins, liquorice and cool herbs. Then ſtrain it clean, and put therein as much oleum vitrioli, as will make it tart like a Pomgranate, Drink thereof when you are a dry for it comforteth nature, aſſwageth heat and thirſt, wonderfully openeth al obſtructions, and defendeth the body from putrified feavers. If they be grieved with the head-ach you ſhall cauſe them to be let blood under the tongue, cutting thoſe veins overthwart, and they ſhall preſently be cured.

Chap. LXXXV.

Againſt Poiſon, or the Peſtilence, a diaphoreticall potion, by W. T.

Take Mirrhæ croci, of each two ounces, Amuleti Palmarij, one ounce, Spiritus Vini one pound, oleum piperis, oleum Gingiberis, of eace one dram, mix them in a glaſſe, and give thereof half an ounce in old Sack at once, againſt the peſtilence or poiſon.

Chap. LXXXVI.

Signs of death in the Plague, by W. K.

Take a live Frog, and lay it next the ſore: if the party will eſcape the Frog will burſt in a quarter of an hour. Then lay on another, and this you ſhall do, till no more do burſt for they draw forth the venome. I have been told that a dried toad, will in better ſort do the ſame. If none of the Frogs do burſt, the party will not eſcape, this hath been often proved.

Chap. LXXXVII.

Antidotes, and preservatives against infectious airs on the water or land, by *W. T.*

You shall use to chew or hold in your mouth, a little of Essencia Angelicæ. Also it would be very profitable to drink three or four drops of the same fasting. Also Oleum Camphoræ, being drunk effecteth the same. In like manner Aqua Balsami Fioravante, if it be drunk in the morning with wine, or Allome, preserveth a man from all poison and pestilent airs: and is a most singular remedy against surfeits or the pestilence. Also, if you be in any infected ship or house, it were necessary to wear a bag of Saffron under your arme-pits to defend the heart.

Also it were very necessary to drink two or three drops of the essence of Saffron, for the same purpose.

Amuletum Palmarij is also very excellent, being taken in the morning fasting.

Dissolved Pearl, eaten or drunk, defendeth the heart, purifieth the bloud, and reviveth the spirits above all other things. You may make it in lozings or drink it in any cordiall, what quantity you please.

Chap. LXXXVIII.

An inveterate Consumption, either in man or woman, oftentimes cured by *W. T.*

Many have been cured of this, and such like infirmities, with this composition following. Among the rest, a Gentleman in Buckinghamshire, who was vexed therewith above seven years continually.

A gentlewoman also, was so grievously afflicted with the flux, that she waxed lame, and went with a staffe, that

were

ſound both cured in twelve days. But one thing muſt be remembred that if it come ex lue venerea, it were neceſſary firſt to be purged and then to uſe theſe pills.

Take magiſterij perlarum, one dram. Gum Tragaganth, half a dram, fine Bolearmoniack, terræ ſigillatæ veræ, of each one dram, Laudanum noſtrum one ſcruple, make an hard maſſe with Turpentine, and take thereof half a dram when you go to bed, untill this quantity be ſpent: in the mean time alſo, you ſhall anoint the reins of the back with this unguent.

Take unguentum album camphoratum, two ounces, ſaccarum Saturni two drams, and make thereof an ointment.

Another for the ſame, by *W. T.*

Firſt purge them with Aromatico Leonardo, once or twice, then let them take morning and evening, half a dram of the pills following: and anoint the reins of the back, with the foreſaid unguent.

Take Symphiti craſſulæ of each two drams, magiſterij perlarum, diſſolved coralli of each one dram, Laudani I ſcruple, nucis moſchatæ, numero 2, Bole Armon. terræ ſigillatæ veræ ſem. paupau. albi Tragacanth, of each two drams, make them up in a maſſe with Turpentine, and uſe them in manner aforeſaid.

An Electuary againſt Gonorrhea, by *W. T.*

A certain man being troubled with a ſtinking Gonorrhea, was in this order cured. Firſt he was purged with Aromatico Leonardo: the next day, he took a pill or two of Venice Turpentine, waſhed in plantain water. That houre he uſed to eat morning and evening, the quantity of a hazel nut of this electuary, untill he was helped which was not long after.

Take the kernells of Hazell nuts blanched, four ounces, magiſterij perlarum, laudani noſtri, of each one ſcru-

ple, terræ sigillitæ, boli, veri, sanguinis draconis in grain, of each two scruple, Seminis Plantaginis, rasuræ Eboris, of each one scruple, nucis moschatæ, 3 or 4, Cinimemi, one dram, Saccari thrée ounces, mix them well together, and use it. Also in the mean time, he anointed the reins with the foresaid unguent.

Chap. LXXXIX.

The immoderate flux, menstruall, suppressed or stayed, by *W. V.*

A Certain woman being grievously weakned with that disease and having great heat and pain in her body, was thus cured. Take the roots of Orpine and Comfery thin sliced, Clarey a good quantity, boil them with a chicken, and with that broth make Almond milk, and to every handfull of Almonds, ad one scruple of Laudanum nostrum, grind them well together, and drink thereof morning and evening. Also you shall anoint the reins, and other grieved parts with the unguent mentioned in the Chapter aforesaid.

Another against the same.

I was informed that the powder of a land frog, bound about the womans neck, doth stay the foresaid flux.

Chap. XC.

A Flux stopped, by *G. F.*

DIssolve Bay-salt in Malmsey, and therewith wash the soles of your feet, and in thrée or four days it will stay the Flux. Divers Souldiers in the Wars have béen cured thereof, by setting their fundament in warm Horse-dung. Also the powder of red-Roses, drunk

in Red-Wine, is very profitable for the stopping of the Flux.

Bloudy Flux of long continuance, cured by *W. H.*

Take conserve of red Roses, Marmilet of Quinces, electuary of Dulphur, of each two ounces, Amuleum Palmarij half an ounce, essentiæ croci, Laudanum nostrum, of each half a scruple, aq. præservativa half an ounce, oleum vitrioli & sulfuris of each half a scruple mix them, and take thereof one dram, morning and evening.

Chap. XCI.

The cure of the Hemerrhoids or Piles, performed by *I. H.* and many others.

Take Pullen, and fry it with Butter, and therewith anoint the part divers times.

The oil of Eggs is a notable remedy to withdraw the said infirmity.

Balsamum sulfuris anointed upon them, doth with great speed and good success, cure them: this also hath been oftentimes proved very excellent.

If they be anointed with oleum Tartari fætens it dryeth them up in short time: but first, it were necessary to purge the body of the melancholick original of that disease, both by vomit and siege.

Some use to make them away, by applying a caustick unto them.

The cure of Ficus, in ano, alias Hemerhoids ex lue venerea, performed by *I. P.*

Many have been sore troubled with warts or blathers in the fundament, which have in very short time been

been cured by anointing them with Balsamum Tartari fæ-tens. Among other men there was a strong lusty fellow fifty years old, of complexion melancholly, about whose fundament there remained 12 or 14 growing, whereof some were so big as a little fig, all of them did run or yeeld a loathsom yellow sanies or matter. This mã was cured with balsamum Tartari fætens: without any pain to him and the warts were so dried that they were pulled off with a pair of mullets: after which he remained whole; this man was healed in Bedford shire.

Chap. XCII.

The provoking of menstrues, by *I. H.*

By this composition following, many more then it is here requisite to speak of have had their menstrues provoked and many other obstructions opened: especially if it be given with broths, liquors, or medicaments, appropriate thereunto.

Take extractionem Camomillæ, Calendulæ, Gentianæ, Brioniæ, Chamepitens, Pæoniæ, Centaurij, Juniperi, Genistæ, Sabini, Spicanardi, Rutæ, Melissæ, Chelidoniæ, Philipendulæ, Matricariæ of each one dram, Essentiæ Zedoariæ, Croci, of each half a dram, Mirabolanorum, Castorei, of each half an ounce mix them and keep it close. The dose is from one scruple, to one dram, upon extremity either in pills or convenient electuaries. It must be ministred four or five days before the new Moon, and as many after with the infusion of Sena, or in sirrup of Roses, for the intent above named.

To

To provoke menstrues in melancholick people, by *W. H.*

Take of the extract of Helleborus niger, five grains. Panchimagogon fifteen grains, make it into three small pills, and anoint the pills with oleum anisi, and thereof take once or twice. After that take this composition following.

Take of the essence of Gentian, Sabina, Angelica, of each one dram, Essentia Croci one scruple, Castorei half a scruple, mixe them and make them up in form of pills, and take thereof each night when you go to bed one scruple, either in pills or dissolved in some convenient liquor, about the foresaid time of the Moon. A very melancholick maiden, was cured in this manner.

Chap. XCIII.

Suffocation and pains of the Matrix, with retentation of menstrues, cured by *I. P.*

Take extract. Diodæ, one dram and a half. the leaves of Sena half an ounce, Ginger one scruple, Cinamon, one dram, Sugar one ounce, lay them to infuse one night in a pint of warm whey, made of Goats milk. Then strain it, and drink thereof three mornings warm, about the new Moon, keeping a warm and drying diet, your wine must be infused with Rosemary-flowers.

Another that hath cured the rising of the mother by *R. C.*

Take the flowers or buds of a Walnut-tree in May, give the patients as much thereof to drink as will lie on a groat, and with two or three doses they shall be cured.

Also if you give one scruple of oleum succinum album, in wine, it will presently cure the same disease, a thing oftentimes proved with good successe.

Chap. XCIIII.

To provoke urine, and to cause the Jaundies to flow, *W. K.*

The powder of earth wormes, drunk with white wine provoketh urine, and cureth the Jaundies and Tertians.

Also gray Sope two ounces, Bay-salt finely beaten, one ounce, mix them, and therewith anoint the navill, and belly.

Also Castile Sope being drunk with warm wine, provoketh urine.

Also if you shall apply quick earth-wormes upon a whit blow called Pavaricium (of some Paviricies) they will cure the same.

Chap. XCV.

To provoke Urine, and to heal other obstructions, a most excellent and proved receipt, by *I. H.* and many other.

This composition of artificiall salts breaketh (and after a sort) consumeth all tartarous diseases, as hath been very often and truly experimented by divers and sundry persons: yea it prevaileth much against the gout, taken with potions, electuaries and sirrups appropriate unto the particular ministrations.

Take the salt of radish, of Eringos, Bean-stalks, Worm Alizanders, Juniper, Ash, Aniseed, Fennell, Camomil, Worm-wood, Vervine, Tartar Christaline, of each alike quantity, mix thē in a warm morter, & keep it close & in a dry place, for in the air & moisture it will quickly resolve. The dose hereof, is from half a scruple to a whole scruple and may be very safely administred, without perill,

to

to any age or sex: upon good occasions, and at times convenient, after that the body is prepared for the same purpose.

I shall now proceed in order to speak of severall other griefs and diseases, incident to mans body, and shew you the cure thereof, according to the rules and practise of the most excellent expert Philosophical Physitians and Chyrurgians, beginning first with the head.

Of the pain in the head.

ALL or the most of physitians in the world do hold this position, that pain in the head is no other thing then vapors arising from the stomack, and ascend unto the head, which do offend membrana, whereupon ensueth pain. And besides this there be severall other causes. The first cause, is putrified blood in Leonichie. The second is, the vapours that ascend from the stomack, and offend the head. The third is, the humidity or moisture between the skin and the flesh. So that the causes are three, and the remedies as many, to dissolve the antecedent causes. I have now shewed thee the originall and rest of the pain in the head, about which thou shalt never more need to beat thy head, or break thy brains, either in seeking the Aphorisms of Hypocrates, the Commentary of Gallen, or the Authority of Avicen: for in these four or five words, I have said all. Now of the cure of this disease, as it hath been experimented, an infinite number of times: which way soever the cause cometh, work thou after this manner, and thou shalt never want credit, in giving others ease and curing thy self.

When the pain in the head is continuall, and that thou canst find no help by common Physick or Practick, do

these things following. First let them bloud on Leonichie, cutting it overthwart, and let the patient spat as much as he can. Then the next morning let them take Aromatico fasting. The next day let the head be shaven, and lay thereon an attractive plaister, to draw out the humidity. In the end cause them to neese and hereby all the pain in the head will cease.

Chap. XCVI.

Of the Catarrhe, the rhume in the head, the Cough and Tysick.

The Catarrhe is a moist vapour, which assaulteth the head, and afterward falleth down again into the stomack where it ingrosseth and corrupteth. This moisture hath his beginning of the moisture of the lungs, and untill such time as the lungs be discharged thereof, the Catarrhe will continue in his force. This infirmity raigneth more in flegmatick & melancholy bodies, then in any of other constitutions. Such as are troubled with it are not long lived, because their lungs are consumed by little and little and thereupon they are troubled with the Tysick: and consequently they perish, if they be not quickly releeved. I wil now shew thee a rare secret to cure the same.

Take Pulmonaria and Sena that is fresh and new; infuse them in wine and water, over a small and gentle fire till the wine have drawn out the virtue. Then strein it and put thereunto Quintaesseace solutive, and keep it close in a glasse, let the patient drink thereof every morning 3 ounces luke warm, for twenty days together: let him eat good nourishing meats, for they agree well with his disease. If the patient be not too far spent you shall see your cure performed in short time: in the mean time, if the patient be weak, you shall give him new laid eggs and good white wine. If the humidity be perceived not to be

quite

quite expelled & evacuated, then give him Aromatico: afterward comfort him again, with restoratives and cordials, to make him strong, and no doubt by the help of God he shall be cured. This method, of curing this infirmity, differeth from the common course that Physicians take which would cure it with diet, and mollifying liniments, and causing them to spat and such like, which are means rather to augment the Catarrhe then to diminish the same.

The second course, to cure the descention that cometh from the head to the stomack.

Use these five things, if ye wil cure this disease: first Electuario Angelica, 2 Quintaessence solutive, 3 pillulæ pro descenso 4 Unguents for the stomack and head, 5 Quintaessence vegetable. The electuary cleanseth the head and stomack the Quintaessence solutive evacuateth the body, the pills take away the cause of the descension, the unguents dry, and the vegetable Quintaessence preserveth the body from all ill and noisome infirmities. The electuary must be taken first in the morning: of the Quintaessence solutive, you must take a spoonfull in the morning in a little broth and sugar, keeping a reasonable good diet: and do this, four or six days. Then take the pills in the evening, and in the mean time, anoint the head and stomack with oleum ceræ, and drink every morning a little Quintaessence solutive, which if you do use continually (by the blessing of God upon it) there is no doubt, but the body shall be free from many troublesome maladies.

There was a certain woman, of the age of 58 years, who being greatly troubled with a Catarrhe: was cured by the use of aqua preservans, morning and evening, and by anointing the stomack with balsamo.

One that was afflicted with a Catarrhe, and a stitch in the side was thus cured. He took Aromatico twice. Then

he took every morning a spoonfull of Quintaessence solutive, with the broth of a Capon for seven or eight days together, and every night when he went to bed, he anointed his stomack, with oleum incompostobile, and thereby was soon after cured.

A woman that had great pain in her head and stomack and had her menstrues stopped; with losse of her appetite was thus helped.

First she took two doses of Pillulæ Angelica, that done she took every morning, a spoonfull of Quintaessencia solutivo, with broth and sugar; for five or six mornings together. After that, she took every morning one spoonfull of Aqua preservans: whereupon in short time after she was cured.

Chap. XCVII.

A Contusion in the head.

A Certain man had a great fall from an horse, whereby he bruised his head most grievously, who was cured in four days; by anointing the place, with oleum benedictum.

Chap. XCVIII.

The taking away, or healing of the white scall.

This noisome malady, is perfectly cured, by purging the patients with Aromatico, and anointing the head with oleum philosopherum.

Also the Artificiall balsome doth the like, and oleum benedictum, effecteth the same.

Chap. XCIX.

Pain in the eyes, with great dimnesse of sight.

A Certain man that had great pain in his eys, and was almost blind, recovered his sight by letting bloud under the tongue. The next day he took Aromatico mice: after that he used Quintaessence solutive, seven or eight days together, and every night he anointed his stomack with oleum ceræ rectified: then was dropped into his eys, the water hereafter set down for the dimnesse of sight, and thereby was he well cured.

Chap. C.

An unguent or ointment for sore eys.

TAke Rose-water, Fennel and Eufrage-water, of each alike quantity, put therein a small quantity of Verdi grease, and boil it a little on the fire. Then let it settle, till it be clear, and pour it off. With this water, see that you wash Auxungia porcina seven or eight times: and of that, put a little into the eye, when you go to bed.

Chap. CI.

To cure or stay the spatting of bloud.

One that spat bloud, was cured in ten days, by drinking the liquor of honey, morning and evening. Another was healed by drinking the decoction of mint in vinegar, another by drinking of Crocus martis.

CHAP. CII.

The description and manifold cures, of the disease called Scrophulæ, or forunculi, which some do call waxing kernels, but rather the Kings Evill.

THe Scrophulæ or waxing kernels (so called of some) which use to come in the throat, or other parts of the bodies of young children do arise and are caused of great quantity of melancholly humors; because that doth for the most part raign in persons that are weak of complexion. For you may easily see that such as are vexed with that infirmity: are not very quick spirited. These Scrophulæ, are a long time, ere they will come to suppuration: and before they break and when they are broken, they cause excessive pain, and are hard to be cured. For all infirmities that come of melancholly, are troublesom to cure or resolve, as you may see in the quartain and such like. But here I wil shew thee a secret to cure ye Scrophulæ. First you must remove the cause, & then work the effect: for otherwise it were impossible to cure them with outward medicines. This melancholly is purged with the drink following against melancholly, which you must use three weeks or a moneth. That done, give them Aromatico, which cleanseth the head and stomack, purifieth the bloud. As touching locall medicines, lay to the place a plaister of wax and butter, and anoint it with magno licore, untill the escare be fallen out: and when it is mundified, apply thereon the perote of Gualtifredo di Mod, and use no other medicine, for it will incarnate, and cicatrise without scare.

Another remedy against the Kings Evill.

One W. R. dwelling in Cheap-side London, at eighteen years old, had the Kings Evill in a very great measure, and was throughly cured by this medicine following after he had been twice touched by the late King, and spent very much money on Doctors, and found not any help.

Take the roots of Scrophilaria, otherwise called Brown-wort, the roots of Dyphin, the roots of Pilewort, of each clean washed and picked two ounces; of the leaves of Brown-wort, of herb Robert, of Egrimony of each three handfulls, of Pugwort, and Smalage of each two handfulls, of Scurvy-grasse, four handfulls, of Water-cresses, and Horse-Radish-leaves, of each two handfulls, of the roots of Horse-Radish, one ounce and a half, of Caraway-seeds, and Fennel-seeds, of each an ounce, shred the herbs and roots small, then put to all this (being put into a large boulter bag) four or five gallons of new-drink of a reasonable strength, ready to work, having wrought stop it up close, being six or seven days old, then drink of this continually for a whole year or more, and let it be your continual drink, and purge once a week with pulvis sæma montagin. two drams, and Cremor Tartarij, two true scruples for a dose, in a draught of Ale-ale boiled with currance, let your herbs and roots be gathered in Summer to dry cleanly, and keep them for all the year long, keep to the place a discentent or dissolving plaister, and observe a good diet.

Another cure for the Kings-Evill.

A Certain young boy of 14 years, of complexion cholerick and melancholick, who had Scrophulæ in his throat, on both the sides, was thus cured. The first medicine

cine that he took was the infusion of Rhabarb, with the trochisks of Agarick, and cerum squillitiçum, and water of maidenhair, mixed together, which he used by the space of ten days. Then was laid upon the Scrophulæ a plaister of cerotum magistrale with Cantarides, which drew forth the malignity of the ulcer, and great store of Sanies being applied for fifteen days together. This done, I gave him the decoction of Salsaparilla, with a good diet, for twenty days together. Then I applied unto the sore necke of Gualtifredo di Medi, which in a short time cured him, that had been vexed with them four yeares before.

Another for the same.

Another which was a maid of thirteen yeares of age, was vexed with Scrophulæ in her throat, which was also in this manner cured. First I gave her the extract of Ellebore niger, & Mel rosarum; which doth very effectually purge the melancholy humor. That done I gave her sour sirrup against the melancholly humour, for eight or ten days together: and applied unto the sores an unguent of Lytarge, boiled with the powder of Scrophularia; thus was she in short time cured.

Another for the same.

Take Mercurigrease, Pelitory of Spain, Dock-root, the juice of leeks, of the herb Scrophularia, of each alike quantity, mixe them, and lay on lint, and apply it unto the Scrophulæ, but take some care thereof.

Chap. CIII.

Of Pavaricium, or Pavaricies, called the whit-blow.

This grisvous and intollerable malady (as thoſe know well that have felt them) cometh on the end of the finger, and is an infirmity bred in the liver, where-of nature being willing to diſcharge her ſelf, ſendeth it to the extream parts of the fingers: and moſt commonly it cometh to the finger next the thumb, but ſeldome in the other. The reaſon or cauſe wherevf is hidden, ſave that we may conjecture (as we have ſaid before) an accident in the liver, which nature ſendeth forth unto thoſe parts to eaſe herſelf. When it cometh to the end of the finger, that it can go no further; it cauſeth a ſharp and exceſſive pain: and the accident coming unto that place, not having paſſage, is ſo hot, that in ſhort time it putrifieth the ſinews, muſcles, and cartilages, and in the end rotteth both fleſh and bone. The ſecret of this grief is not commonly known of the moſt Surgeons: who with all their learning, cannot deviſe to cure it, as it ought to be cured. The moſt part of ſuch as have that infirmity, loſe their finger: but if thou will quickly help them follow this method.

Firſt let them bleed on the liver vein: then let them be well purged. Afterward dreſſe the finger with oleum ſulfuris: which will cauſe ſome pain, nevertheleſſe (to have ſome eaſe) you muſt abide it. The next day dreſſe it with mugao licore, untill it be whole, which will be in ſhort time, as I have often proved.

Chap. CIIII.

Of grievous Vlcers in womens breasts.

FIrst they must be touched with oleum sulfuris: then make this unguent. Take of the yolks of eggs, two ounces, Turpentine, Butter, Barley-flower, Honey of Roses, of each half an ounce; incorporate them all in a morter, and therewith dresse them untill they be whole. But if they come of any kind or spice of the foul disease, this unguent will be to very small purpose. But then shall you dresse them with Vnguento magno: which is appropriate unto the disease, and look that you purge them with Aromatico.

Chap. CV.

Of the disease called Asthma, or Tysick, and the cure thereof.

THis disease, which is called the Tysick, is a certain infirmity, contained in the lungs, which doth harden and dry them in such manner, that such as are troubled therewith, cannot fetch their breath. It proceedeth of adustion of the blood, that cannot run in the veins: and so the lungs lacking sustenance, worketh that effect. This disease is cured four manner of ways. First you shall let them bloud under the tongue, cutting those veins overthwart, and suck them as much as they can: for it evacuateth and openeth the opilation of the blood, and easeth the lungs of all that evill matter which offendeth. Secondly, you shall give them a dose of Aromatico, which evacuateth the stomack, of all evill qualities that offend the lungs. The third is, to let them eat for a moneth together, every morning one ounce of Electuario de Althea. The fourth, to anoint the stomack, every night

with

with magno licore. But every ten days, you must take a dose of Electuario Angelica, whereby thou shalt help them quickly. You must also keep a sober diet: refraining Fish, Pork, slimie things, Spice, baked meats, Cheese, and such like, which nourish grossely, and do infect the bloud.

Chap. CVI.

An excellent remedy, against the Worms.

YOu shall give the patient two ounces of unguento magno, to drink with Mel rosarum, three mornings together, anoint the nosethrils therewith, and in three days they will be expelled, were they never so many.

For the Worms of all sorts.

Take of the powder of Centuary leaves one ounce, powder of Sena of Alex. half an ounce. Wormseed finely beaten one ounce: then take of good Malmsey, a quarter of a pint or better, of the best Honey two ounces, dissolve the Honey in the Wine with a gentle heat, and then put in all the powders, and stir it well together, which done put it into a clean bladder; knit it close and hang it in the Chimney untill it be an hard lump, you may use it as the Wormseed alone is commonly used, give a child the weight of a great at a time, to the elder sort more, as you think good: it killeth the worms, and causeth them to void.

Chap. CVII.

Of the hardneſſe of the milt, and the cure thereof.

The ſpléen or milt is hardened by reaſon of ſuperfluous humidity that it taketh from the liver and lungs. Therefore, if you will help this infirmity, it were neceſſary to uſe medicines abſterſive, and drying, which thou ſhalt do thus. First give them Aromatico, then let them uſe this Electuary, which is of marvellous virtue in that operation. Take Crocus Martis, Scolopendria, of each one ounce, Spikenard, lapis lazuli of each two ſcruples, Cinamon half an ounce, mixe them, and make an Electuary thereof with purified honey, and take thereof every morning one ſpoonfull, and every night (two hours before ſupper) an other ſpoonfull, and anoint the outward part, where the grief is with ballamo artific. and in ſhort time, the diſeaſe ſhall be cured.

Another remedy very effectuall for the former diſeaſe.

Let them bloud on the two veins, under the tongue. That done, mixe muſtard ſeed with the urine of a boy, and lay it between two cloaths, and lay it to the part afflicted one night, and then (if thou feel not good eaſe) uſe it again till the diſeaſe be gone. Alſo the decoction of oak helpeth the ſwelling of the milt.

Chap. CVIII.

The cure of the Gonorrhea, or running of the reins, the forerunner of the foul disease.

FIrst you shall give them Aromatico once in white Wine. Then morning and evening, for seven or eight days, use this potion following: anointing also the reins, and those parts, with Aquæ fæcida, being cold and in short time they shall be healed.

Take the whites of four or five new laied Eggs, two ounces of fine Sugar, three ounces of Rose water, mire them well, and drink it morning and evening. This is a rare secret, and often proved: the drink must be drunk cold.

Chap. CIX.

Of the Hemerrhoids, and their cure.

THe Hemerrhoids, are an alteration in the Hemerrhoidal veins, caused of a corrupt and putrified humour, whereof nature being willing to discharge her self, sendeth forth by those veins unto the extream or outward parts, where it cannot passe through, and causeth the alteration and inflation that is called the Hemerrhoids. This corruption and putrifaction, is caused of the evill quality of the liver, which corrupteth the blond, and is the cause of all this inconvenience. Now for the cure, it were necessary to help the liver, to purifie the blond, to alter the Hemerrhoids, and to discharge nature of that impediment. First therefore, give them Electuario Angelica, the next day they shall take Syrupo solutivo, whereof they shall take five or six doses. Then let them ancint the Hemerrhoids, with Caustick once or twice, and they shall soon after be cured.

Of the divers sorts, and divers effects of the Hemerrhoids and their cure.

By reason of this disease, that cometh always at the end of Intestino, or Longanon, some have marvellous pain about the fundament, some burn wonderfully, and others do scald: which cometh because of the good or bad qualities in some, more than in other some, as experience sheweth. For (as I said) some have such a burning that they can take no rest, some have such pain, as they cannot sit, some have it scalding hot that it is intolerable. Though this infirmity is more hurtfull in one complexion than in another, and the cure harder: yet you shall cure them in this manner. First give them Aromatico, then purge the body five or six times with Sirupo solutivo. Then give him fume at the lower parts, with frankincense, and storax sitting on a close stool three or four times, and then anoint the parts with Balsamo artific, for that will dry and take away the pain altogether, and the patient shall be surely healed.

There are divers kinds of Hemerrhoids but two principall. The one sort is in the fundament, and causeth great pain when they go to stool. The other sort cometh forth of the fundament, and are not so painfull as the first. To cure those within the fundament you shall give the patient eight or ten days together, Sirupo magistrale warm, let them take Aromatico once, and use Glisters, wherein is put half an ounce of Aqua reale Phioravante at a time, and so thou shalt help them. The best way for those that are come forth, is to make incision, or to make a little hole in them that the blood (which is putrified) may come forth, and so by evacuation thou shalt help them. Also you shall understand, that vomiting is very necessary in the cure of both sorts, because it openeth the veins. Also Oleum Oyorum, doth ease the pain of the Hemerrhoids very greatly: so doth the oil of Egall

pus

you anoint them therewith. The Tooth of an Horse-fish, being worn in a ring on the finger after the body is purged, taketh them away by a secret and hidden quality, a thing proved more then an hundred times.

Chap. CX.

Of the cure of such as are troubled with suffocation of the Matrix.

A Certain woman afflicted therewith having much pain and grief in her stomack, was cured by taking a dose of Electuario Angelica. Then she used our Syrrup against pains of the mother, eight or ten days, and anointed her stomack, with Magno licore every night.

A certain young woman afflicted in manner aforesaid, wanted also her naturall sickneſſe, and began to loose her naturall heat: so that nature could not digest the superfluous matter in her body, was thus helped. First she took Electuario Angelica, and every night anointed her stomack, nosethrills, and pulses, with magno licore, and every morning drank of Quintaeſſence solutive, and so was cured.

Chap. CXI.

To cure a rupture or burſting in the beginning.

If every ten days once give them Aromatico, and every morning fasting, give them one ounce of white Tartar, in water or wine, and two hours before supper you shall take the like: let your bread be dry, also you must wear a truſſe fit for that purpose and use this remedy following. Take of the spirit of wine twelve ounces, frankincense, Olibanum, mastich sarcocolla, of each half an ounce, infuse them in Aqua vitæ, and therewith

wash the rupture twice a day, then cast thereon the powder of Bislingua, and the herb Balsamina, and lay thereon a cloath wet in the said water, and bind on the trusse so hard, as he may possibly abide it; and herby shalt thou heal any great rupture, in an hundred days, but see that you keep diet accordingly.

Another for the same.

Take very stiff and thick paper wel gummed, chew it in thy mouth till it be soft: then lay it upon the rupture, and lay thereon a trusse fit for the purpose.

Some use to keep the paper in lie, and wring the same out till it be dry, and apply it to the rupture, changing it once in 24 hours.

A most excellent medicine for bursting.

Take Knotgrasse Cokery, Ribwort, Shepherds-purch, of each alike quantity wash them & dry them, then set them in an oven to dry, then beat them to powder & searce the, to that powder take a like quantity of Aniseeds, beat it with the powder & hearbs, searce them again, & when I will use this powder take as much of it as will lie upon a six pence, for ten mornings together, drink it with a little Malmsey fasting: then take of the forsaid hearbs being first sodden in fair water till they be tender, wring the water clean from them and apply it to the place not too hot; let not the trusse be too strait for it will make the place rent further, gather the hearbs to make this powder in May, when the chief strength is in them; put a little oil of Spike to the hearbs after they be boiled, and the water clean drawn from them, anoint the place with oil of Spike, before you lay the hearbs to it. This hath been often proved to be good upon children that have been born so, and upon old folks, that have been many years broken.

Chap. 112.

Chap. CXII.

Of retention of Urine, and the cure thereof.

The retention of urine ariseth of many causes, one is gravell, that stoppeth the conduits where it should passe, an other is the want or weakneſſe of the virtue expulsive; so that nature cannot expell: an other is a carnosity, which is an alteration caused of corrupt and putrified humours, which do so restrain the powers, and urine, that it cannot passe. There is another, and that is viscosity of the veins, so grosse, that it hindereth the urine from passing. Another cause, which is too too common, is the Gonorrhea, when it changeth into Stranguria, that it is a stopping or choking of the conduits, that cary the urine to the bladder. All these foresaid causes, proceed of one original, even of the distemperature of nature, whereof if you ask the reason you shal understand that it ariseth of that filthy beginning, which bringeth the foul disease. That which moveth me to believe it, is the observation thereof divers and sundry times, for many have been cured, that were infected with the pocks which were troubled (with carnosity before spoken of) some with gravell, some with debility of the virtue expulsive, some with Gonorrhea; all which when they were cured of the pocks, the other distemperatures were therewith also cured. For that disease is the cause of twenty mischiefs, and the reason why many Physitians make a long cure of the former distemperatures, is for that they know not the main and principall cause of them. But now I will shew thee a true and excellent manner of curing the retention of urine, which way soever it cometh.

First give them a dose of Aromatico, then give unto them Sirupo solutivo, eight or ten days, but in any wise

keep no strait diet, but a good government as you u most commonly use: and eat such meat as pleaseth thy stomack best: caus them also to sweat, and in short time thou shalt thoroughly cure them.

Chap. CXIII.

A most excellent remedy to cure the difficulty of Urine.

The difficulty, or retention of urine, caused divers ways, as of gravell viscosity, exulceration, &c. is in this sort very well and safely cured. When the cause of this difficulty of urine is in the reins or kidneys, so that it be not a stone in the kidneys, or some great store of gravell see that you work thus.

Take the lungs and pissel of an hare, boil it in good wine, when it is well boiled, stamp it small, and passit thorough a strainer with the said liquor wherein it was boiled. Remember that when you boil it there must not remain much liquor in the vessel. Then take the said matter that you strained, and put thereto as much purified honey, and boil it on a soft fire, untill it come to the form of an Electuary. When it is boiled put thereto for every pound of that Electuary these things following made into fine powder, of Ligum aloes, of Cinamon, of each 1 scruple Cloves Saffron of each one scruple Musk four grains, Aquæ rosarum one ounce, Quintessence solutive one ounce and a half. Incorporate these well together, while it is warm, and keep it in a glasse close stopped. And when you will use it, you must first take a dose of Electuario Angelico, and while you use the Electuary, remember to anoint the reins with Aqua vitæ, when you go to bed. Of the Electuary you must take one ounce in the morning, and fast thereon four hours, and use some exercise and in short time, thou shalt see a marvellous good work performed. For the reins will be strengthened, the viscosity will be resolved, the pain

will

will be opened, and the urine will be expelled, and cleansed, all which are effects necessary for him to regard, that will with honesty and credit, help the former malady.

Another often proved,

If thou wilt presently help one that cannot make water, by reason of wind viscosity, or other grievous cause, bering the party, anoint the reins, and the privy parts with Ballamo Artificiato, and keep them very warm, and forthwith they shall make water, to their great satisfaction.

Chap. CXIIII.

Retention of the Urine, with a stitch in the side.

One was in very short time cured of these infirmities, after he had taken Aromatico: and anointed him in manner above specified, with the Ballamo Artificiato, which you shall find under the title of Ballome, &c.

Chap. CXV.

The swelling of the leg, and foot, cured in manner following.

First the patient took one dose of Aromatico, then he used Quintaessence solutive, three or four mornings together in a little broth That done, he drunk every morning a little Quintaessence vegetable fasting, and every night, he anointed his leg, with Oleum Philosophorum nostrum. Also now and then he took a dose of Pillulæ Angelica, to keep the body soluble, he kept a reasonable good diet, he

used not much walking, so that very shortly after, he was well cured.

Chap. CXVI.

Of Chilblains, and their cures.

YOu shall understand that Chilblains (as we term them) are caused of no other thing then of humours dried, and restrained in the bodie. For in winter when it is cold, the pores do shut so close together, that the humour cannot passe or come forth, neither by sweat, nor other exhalation or expiration. For that cause, the humours in a young man (who is hot of complexion) may not be kept in; for then nature (which would ease herself) sendeth that exhalation, unto the extream parts of the body, that is, unto the hands and feet; where remaining there is caused that alteration; and in processe of time the skin doth open, and the humour goeth forth, but cannot heal till the spring, when warm weather cometh in. Howbeit, there is found out a secret to cure them quickly, and with great ease. First let them blood, then give them a dose of Electuario Angelica: after that let them take Sirupo solutivo, six or seven days together not keeping any streight diet or rule. After this anoint them with Oleum philosophorum de cera & terebinthina, at night when they go to bed: and do thus one week at the least, and then no doubt thou shalt cure them, as I have often proved. Also the oil and water of frankincense, will do the like.

Chap. CXVII.

Of Corns on the feet and the manner to take them away.

The Corns that come on the feet, are a kind of hard tumor, or thick excrescence caused of corrupt and putrified humours, whereof nature being willing to discharge her self, sendeth them to the lower part of the feet whereout because they cannot passe, there do they make resistance, ingendring that kind of tough excrescence, which is grievous and painfull. Many times the cause hereof ariseth of that noisome disease Morbus Gallicus, as some write, and then must it be remedied with medicaments appropriate thereunto. But if they come otherwise, then to take them away follow this order. When they are in their greatest rate, and cause most pain, cut them untill they bleed. then anoint them with Balsamo Artificiato applying it so hot as you may suffer it thereupon go to bed. Then touch them once or twice with Oleum sulfuris, and anoint them with Oleum philosophorum de teribinthina & cera, untill they be whole. Some take the juyce of Semperuivum, and anoint the eyes therewith. Then they take Wormwood, and lay it upon an hot tile stone, and sprinkle it with strong vinegar and being hot bind it upon the Corns, and in three or four times so doing (as I have been credibly informed) the Corns will be taken away. Also the red plaister of sear-cloth before set down cureth the same.

Chap. CXVIII.

Of an infirmity that cometh on the fingers ends, and in the feet, under the nails, and the cure thereof.

Many men are greatly troubled herewith, and in such manner, as thereby they are made altogether unfit to go. It commeth on the great toe under the nail on the side of the nail for the most part and a man would think that the nail grew in the flesh, but it is not so, for the flesh groweth upon the nail: though this infirmity appear not, to be a thing of great importance (whereof the ancient writers have made little mention) yet is it a thing greatly to be regarded. For many great personages that live easily, and are tormented with the gout, have also this grief in those parts: but the order to cure them is this. First you shall cut the nail on that part where it most grieveth them; then take it away, which you may do easily without any great pain to the patient; for the nail is already separated from the grieved place. Thus when the nail is taken away, touch it with our Caustick, whereof mention is made in our treatise of the plague. Let it so remain three days together: then dresse it every day with Magno licore, untill it be whole, which will be in a very short time.

Chap. CXIX.

Of Erisipela, or tumour in the face, or any other part of the body, and the cure thereof.

This disease (as experience sheweth) is caused of an hot and fiery moisture, arising in the face, arms and legs;

legs, for where it is, the pores are stopped, & the said moisture, cannot have expiration, whereupon cometh tumor: as also a shutting and closing up of those pores, by means of the ordinary anointing them, with fats, oils, &c. or other cold things: a common course of common Chyrurgians. Against this there cannot be found a more present remedy, then the spirit of wine or Aqua ardens, or bathing it with hot water; and if you wash the parts afflicted with our Quintaessence, the pores will be opened, and it penetrateth and assubtiliateth that humidity, causing it to come forth.

Also you shall find, that by drinking our Quintaessence and anointing the stomack with oleum cerae, divers are eased of a certain heat retained in the stomack.

CHAP. CXX.

The cure of Warts.

THere is an herb called Herba di vento: in the juyce whereof, if you wet a cloath, and bind it upon the warts, they will wear away in short time after.

CHAP. CXXI.

For giddiness in the head.

TAke the juyce of Prim-rose leaves, or the flowers in the Summer, or of the juyce of roots in Winter, and put into your ear, and stop it with black Wooll, and lie down upon it.

Chap. CXXII.

To help one that is deaf,

Take the inner bark of an elder bough, stamp it and strain it, and put the juyce into your Ears, stop your Ears with Wooll, and keep you warm with it.

Chap. CXXIII.

For Ears that run, and are full of water.

Take two parts of the Gall of a barrow hog, half as much of the best honey, boil these together in thick glasses, in hot ashes till half be consumed and so use it, prescribed by Dr. Nicholas for Henry Medlex.

Chap. CXXIIII.

For sore Ears.

Take the juyce of Knot-grasse, and seeth it with honey and wine, and pour a quantity there of into the patients ear, and stop the ear with cotten, and lie down on the contrary side.

In

In the next place I ſhall ſhew you many rare and hidden ſecrets, for the making and, uſe of our *Balſamo Artificiato*, or the Artificiall Baliome (often mentioned before) and ſeverall other excellent Baliomes, Oyles, and Ointments, with the rare effects thereof.

Chap. CXXV.

The making of *Balſamo Artificiato*, or the Artificiall Baliome, with a declaration of the effects and virtues thereof.

TAke of Venice Turpentine, one pound, of perfect oil of Bays four ounces, oil Galbanum, three ounces, of Gum Arabeck four ounces, of Lignum aloes, Galingal, Cloves, Conſolida major, Cinamon, Nutmegs, Zedoana, Ginger, Dipcanum album of each one ounce, of Olibanum, Mirrha elected, Gum Hederæ of each three dramms, of the beſt Muſk and Amber of each one dram, of rectified Aqua vitæ ſix pound; put all theſe in a new earthen pot and let them ſtand ſeven days, cloſe ſtopped that no air goe in, then diſtill them in a glaſſe retortive in ſand, and the firſt water that commeth is white mingled with oil, after you have drawn a ſufficient quantity of this increaſe your fire, and there will come a black oil and water, which you are to take in another Receiver, increaſing your fire according to Art til it drop no more; then ſeparate the oils from the waters and the black oil is the Artificial Balſame.

The inventor of this Balſam will never want praiſe ſo long as Letters are printed, and mens bodies ſubject to griefs and infirmities for (beſides the many great and rare vertues you find it hath in the various applying thereof, according to the rules ſet down in the ſeverall places of this Work.) The firſt water is excellent good to

clear the eyes, and preserveth the sight, the face also being washed therewith, it makes it fresh, smooth, and young. The white oil breaketh and dissolveth the stone or gravel in the kidneys, it being drunk, it provoketh urine, cureth all kind of wounds, Sciatica's, pains and aches in the joints. The black water is called the mother of Balsame, and cureth scabs, botches, scurfs, and all sorts of Ulcers, in any part of the body, in a very short time. There is an Artificial Balsom sold by the Apothecaries very good for most of the things before specified.

Chap. CXXVI.

Another most excellent Balsom, which cureth all wounds in a very short time, it is good for all pains and aches, for the Cramp stiff members, shrunk sinews, &c.

TAke of sweet oil Olive ten pound, white Wine one pound, boil these together till the wine be consumed, let it cool, and put it into a Stone pot, then adde unto it, of the flowers of rosemary one pound and a half, of Lignum aloes three ounces, of Olibanum, of Bdellium, of each five ounces, then stop your pot well with cork, pitch and bladders, and bury it in the earth about the beginning of August, and there let it remain about half a year, then take it out and put in these following things. Take of Sage, Rosemary flowers, Mint, Pellitory, of the roots of Consolida major, of leaves of Vincella otherwise called Balsamina, of the flowers of Hypos Barbatus, of each three handfuls, of Galingal, Cloves, Nutmegs, spica nardi, saffron, of each half an ounce, of Sarcocolla, sanguis draconis, Mastick, of each one ounce, of Aloes Epatica, rosin of the Pine, of each four ounces, of Colophonia half a pound, of the tops with the seeds of Hypericon, of musk half a dram, of yellow wax, of Dogs grease, of each nine ounces, of oil of ivy and worms grease, of each three ounces, the hearts of Shal cut small, stamp the rest of the things to powder,

and

and put them all into the oil, mingle them well and set them all the summer in the sun, then boil them till the hearbs be dry, then strain the oil, & put in some of the Apothecaries Artificiall Balsame, the quantity of ten ounces, and in the moneth of September, put in of the fruit of Balsamina, when it is red one pound, then keep it close stopped. In defect of Balsamina, you may take ye tops of the Madelin with the flowers, it is not amisse to adde to your Balsame Gum Elemin, or the oil of Gum Elemin, distilled, if the gums, it must be put in with the other Gums, about four ounces; if oil put it in with the Artificial Balsame about two ounces, this Gum is most pretious.

Chap. CXXVII.

An excellent Balsome to cure deep wounds and punctures, made by some narrow sharp pointed weapon, which Balsam doth bring up the flesh from the bottom very speedily, and also healeth simple cuts in the flesh, according to the first intention, (that is) to glue or soder the lips of the wounds together, not procuring matter or corruption, as is commonly seen in healing of wounds.

Take oil of roses, oil of Saint John Wort, of either one pint, the leaves of Tobaco stamped small in a stone mortar two pound; boil them together, to the consumption of the wyce, strain it and put it to the fire again, [illegible] Turpentine two ounces; of Olibanum and Mastick, of either half an ounce, in most fine and subtile poumer, the which you may at all times make into an unguent or salve, by putting thereto Wax and Rosin, to give it a stiffe body; which worketh well in malignant and virulent ulcers, as in wounds and punctures.

Chap. CXXVIII.

To make the Italians Balſam to heal a green wound preſently.

It is that which they which are called Mountebanks uſe when they heal them whom they wound and ſtab upon Stages. It conglutinates and cements very ſuddenly any green wound by cut or thruſt, though never ſo deep in the fleſh, if it be not rankled and feltered.

TAke a pint of Valiet-oil, and three ounces of Barrel-pitch, two ounces of yellow Wax, an ounce and an half of Roſin, and ſeeth them about half an hour upon a ſoft fire, and mingle them very well upon the fire, and then take them off, and put them into little pots for your uſe; and warm a little in a ſawcer, and put it not very hot into the wound, but little more than blood warm, and take alſo a ſoft linnen cloth and put it into the Balſame and lay it over the wound, and uſe it freſh and new morning or evening, and it cures preſently.

Chap. CXXIX.

To make a Balſame of St. Johns wort,

TAke White-Wine two pints, Oyle Olive four pounds, Oyl of Turpentine two pounds, the leaves, flowers and tops of St. Johns wort, of each two great handfuls gently bruſed. Put them all together into a great double glaſs, and ſet it in the Sun eight or ten days, then boil them in the ſame glaſs in a kettle of water with ſome ſtraw in the bottom, wherein the glaſs muſt ſtand to boil; which done, ſtrain the liquor from the herbs, and do as you did before, putting in the like quantity of herbs, flowers, and ſeeds, but not any more Wine.

Dioſcorides ſaith, that the ſeed drunk for fourty days together, cureth the Sciatica, and all aches that happen in the hips.

The ſame Author ſaith that being drunk with Wine it taketh away Tertian and Quartan Agues.

CHAP. CXXX.

To make Oyl of Exceter good for all manner of aches or bruiſes.

TAke a pound of the flowers of Cowſlips in May, ſteep them in oil Olive, in as much quantity as they may eaſily be laid in, then take Calamint, herb John, Red-ſage, Wild-ſage, Sugar, Sotherwood Wormwood, Pennyroyall, Lavender, Pelitory, Camomill, Pelitory of Spain, Bays, Hyſſop, flowers of Lillies, of either of the ſweetſmelling herbs one handfull, and theſe herbs muſt be gathered in June, grind them in a Morter as ſmall as you can, when it is ſo done, take the flowers of Cowſlips out of the oil, with clean hands, and put them in white Wine a night and a day, and take as much Wine as they may eaſily ſteep in, then take the herbs with the Wine, and boil them together with the oil Olive, that the Cowſlips were ſteeped in, and let it boil ſo long over a faſt fire, untill the Wine and the Water be waſted away. When it is boiled enough, take it off the fire and ſtrain it through a ſtrong linnen cloath, then put it into a Veſſel of Tyn or Glaſſe, for no other Veſſel will hold it. This oyntment will laſt 2 years, and it muſt be made in the moneth of June, it is good for all manner of aches and bruiſes.

CHAP. CXXXI.

To make Oyl of Roses the best way.

TAke half a pound of red-rose-leaves and stamp them very small, and then take a pound of oyl Olive, and mingle with your roses, and put them in a glasse well stopped, and seeth them in a Vessell with water, the space of six hours, and then strain them through a clean cloth, and keep it in a glasse, and by this proportion you may make as much and as little as you will.

CHAP. CXXXII.

Another way of making Oyl of Roses.

TAke Roses and oil Olive of each alike quantity in weight, stamp them and put them in a Vessel of glasse stop it well, and hang it in a vessel of water, up to the neck two moneths, and every day stir it once, unstop it again and strain it through a Canvas, and put away the grounds, so keep it in a vessel of glasse well stopped, for this is a colder kind then the other.

CHAP. CXXXIII.

To make Oyl of Lillies.

TAke fair oyl and put into it a good quantity of the flowers of white Lillies, then set it in a pot of hot water, and let your oyle your Lillies boil a good while, then wring out your Lillies, & put in moge Lillies, and set them in the Sunn, and let them stand so long as you think convenient, then take them out, and put in more Lillies, so change them once or twice more as you think good; for want of flowers, you may take the root and stamp it and boil it as aforesaid.

Chap. CXXXIIII.

To make Oyl of Balm.

TAke oil Benedict one pound, gum of Ivie, ſeed of Balm, then take choſen Hows Turpentine four ounces, mingle them together on a little fire, three or four times, till it hath a little colour and ſhining, and till it come to thickneſſe of honey or Turpentine, then keep it prettily. This oil is good for all aking of ſinews, cramping of cold, it keeps dead bodies from rotting and corruption. It is good for all other things, for the palſey and the falling ſickneſſe, and the ſtone in the reins, and in the bladder, and to cure all forts of diſeaſes of limbs.

Chap. CXXXV.

To make Oyl of Worms for an ach.

TAke a pint of ballet oil, and a pint of red Worms, a handfull of Roſemary, and a handfull of Comphery, then take theſe, and chop them together very ſmall, then put them into the oil, and let them boil till they be enough, then ſtrain them through a linnen cloath, and ſo keep them cloſe covered, the older it is the better, when it is boiled enough, then it will ſlumber ſoftly, if it boil too much it will ſtarve away.

Chap. XXXVI.

To make Oyl of St. *Johns* Wort.

TAke the leaves, flowers and ſeeds of St. Johns Wort not ſtamped, and put them into a glaſſe with Oyl Olive, and ſet it in the hot ſun for certain Weeks together, and

and then strained it from those herbs, and the like quantity put in, and sunned in like manner, doth make an Oyl of the colour of blood, which is a most precious remedy for deep wounds, and those that are thrust through the body, for sinews that are pricked, or any wound made with an invenomed weapon.

Chap. XXXVII.

To make Oyl of Broom.

TAke a quart of May Butter clarified in the Sun, put thereto three pints of Broom-flowers clean picked from the stalks, let it stand in a Vessel till you can have Elder-flowers, whereof put in a pint and an half, clean picked also; let them stand together a moneth, put it into the Oven after bread, or in some other place where it may have a continual warmth, and stir it sometimes: strain it through a thin cloth, and set it in the Oven again to cleanse it.

This Oyl of Broom is very good to take out the fire of a burning or scalding, for the tooth-ach that comes of rh ume, to anoint the cheeks and gums being kept down: it is also good, taken in pottet-drink, for any infectious disease, and sweat upon it, it is good for a bruise in a womans breast, or swell'd with milk, it will mollifie a green wound, it is good to drink for any inward bruise: it helpeth any naw ach or pain in the joynt or bone, or the Spleen; mingled with yellow Wax, and plaistred upon linnen cloth, it is good for sore heels, and for many other things.

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Chap. CXXXVIII.

To make Oyl of Hemp-seed, which causeth a comely face, and maketh the person merry which useth it.

TAke one pound of Hemp-seed, and beat it very fine, then sprinkle and wet it with a little wine, and put it into a new earthen pot or pan well glased, and set it over the fire, heat it so long, till you cannot suffer your hand in it; then put the same substance into square bags, which you must presse hard, and an Oyl will come forth, whereof if any drink the quantity of one ounce at a time, it maketh him pleasant and merry; and if a Souldier drink it, it will make him both fierce and hardy to fight without any fear or doubt of his enemy. In this manner you may draw out any Oyl out of all seeds.

Chap. CXXXIX.

To make a Green Oyntment.

TAke of Sage and Rue of each a pound, of Bayleaves and Worm-wood of each half a pound, of Mellilot, herb or flower of Camomil, of the flowers of Spike, of Rosemary, of Rose-leaves, of St. Johns Wort, and of Dill, of each one handful, of Marshmallows two handfuls: All these herbs chop as small as may be, and stamp them, and weigh and put thereto the like weight of Sheeps-suet, chop it as fine as may be, and mince your herbs and it together, and stamp them in a stone morter to one substance, that there be no suet seen, but all green: then put it into some fair earthen pot, then put thereto sweet Oyl Olive a pottle and pint: work these altogether in a pan with your hand to one

ſubſtance, and cover it cloſe with paſt, that no air go in or out, ſo let it ſtand ſeven days, then take it forth, and put it into a pan, and ſet it on a ſoft fire till the leaves begin to wax parched hard, and then ſtrain it into ſome clean pan, then have ready theſe oyls following: oyl of Roſes, of Spike, of Camomile, of white Lillies, and of Violets, of each one ounce, ſtirring them well together and reſerve it in glaſſes or galley pots to your uſe, if you will have it more pleaſant of ſmell, and more nouriſhing, adde thereto the Gums Labdanum one ounce and a half, beaten to fine powder, Storax calaminted three quarters of an ounce, bruiſed fine to powder, mingle this with your other ſtuffe as before, and ſo keep it to your uſe.

This ointment is good for ſtitches for bruiſes, for the palſey, for the ſhrinking of ſinews, gouts, and ſciaticaes, for the ach of the back, Lamgneſſe, pluriſies, for the cough, the ſoles of the feet being anointed therewith, for extream pain in the head by cold, making a cap for the crown with linnen cloath, and lay it in wool pluckt from the flanks of a live ſheep, make it clean from the filth and motes, and cartle it, then wet it in the ointment, and ſo paſte it and lay it ſomewhat warm to your head, it is good alſo for the collick and the ſpleen, and the cold dropſie of the Liver.

CHAP. CXL.

An Oyntment for any Ach or Crick.

TAke 12 pound of butter in the moneth of May, one pound of Broom flowers, and ſtamp them, then boil them in the butter a good while, then ſtrain it and put it into a Glaſſe, and let it ſtand a while in the Sunne to clarifie, when you uſe it, take one ſpoonfull of the oyntment, and three ſpoonfuls of Sack, and boyl them together, then bath the place therewith as hot as you can ſuffer it, and dip a cloath therein, and apply it hot to the place.

Chap. CXLI.

Another excellent Oyntment for any bruiſe ſtrain or pain in the joints.

TAke two handfulls of Roſemary, two handfulls of Hyſop, half a handfull of Adders-tongue, half a handfull of Agrimony, and boyle them together with Hogs-greaſe, and a little Roſin to a reaſonable thickneſs and apply it.

Chap. CXLII.

An excellent Oyntment for the Reins of the back or other part of the body that hath pain or Crick.

TAke a good quantity of Neats-foot Oyl, and put thereto a ſufficient quantity of Aqua vitæ, mingle them well together, and anoint therewith for it hath been often proved excellent.

Chap. CXLIII.

An Oyntment for all manner of ſtitches and akings, in what place ſoever it be in mans body.

TAke a peck of flowers of Brown, and two ounces of Galls, and put them in an earthen pot and fill the pot full of Urine, and ſtop the pot faſt, and put it in the earth at the door of the houſe, and let it be there twelve moneths, and then take that oyl that is in the pot and ſtrain it, and put it in a veſſel to keep, and anoint therewith the place grieved, and it will help, when all other medicines fail.

Chap. CXLIIII.

An Oyntment for Ears that run and are full of water.

TAke two parts of the Gall of a Barrow-hog, half as much of the best honey, boil these together in a thick glasse in hot ashes till half be consumed, and so use it. Dr. Nicholas for Henry Medlex.

Chap. CXLV.

An Oyntment for an impostume in the Ears.

TAke two spoonfuls of oyl of Roses, and as much virgin wax as a Nutmeg, melt it together, and make it very warm, then put to it a little saffron finely pounded, then take it off the fire, and stir it till it be almost cold, then put to it a quarter of the yolk of an egge, and stir it, and when it shall be like an oyntment, take the bignesse of a hazel-nut, and melt a drop of it into the ear, and so continue four or five drops, and anoint the Ears round about, and stuffe it with unwashed wool round about, and keep it warm, this will ripen the Impostume.

Chap. CXLVI.

A singular medicine for any stopping at the stomack.

TAke four ounces of Lynseed, and boil it in a quart of milk, till it come to a pint, and anoint the brest therewith, then take a peece of scarlet, and wet it throughly in the milk, and when it is wet, lay it on your brest without warming.

Chap. CXLVII.

An Oyntment to clear the Lungs.

TAke the pap of rosted apples, as much oblibanum as a bean, twice as much Sugar-candie as oblibanum, mingle them together being beaten to powder. if the patient be far gone put to it a little oyl of sweet Almon. and anoint the breast outwardly with oyl of Almonds.

Chap. CXLVIII

An Oyntment for deafnesse.

TAke an English Onion of the greatest you can get, and cut of the tip of it, then take out some of the meat and fill it up with the best Sallet-oyl, then wrap it up in a brown paper, and rost it in the embers; when it is rosted you must pael it, and then strain it through a fair cloath, this you may drop with a feather into your ears luke-warm morning and evening, and your head must be kept very warm.

Chap. CXLIX.

An Oyntment to break a sore.

TAke two drams of Cantarides, a quarter of an ounce of Pepper. and so much vinegar as will make it a perfect oyntment, lay this upon a brown paper, and apply it.

Chap. CL.

An excellent oyntment for ſcalding or burning by Mr. *Iohn Burgheſſe*, which will do more in ſix weeks, then another in three moneths.

TAke Bacon that is very fat, cut of the ſward, and cut it into Collops very thin, and fry it till be black, then pour the liquor into water, take it out of the water and put it in the pan, and fry it again till it be black, then pour it into the water again, then take it out of the water and put it into the pan, and fry it till it be black, then pour it forth again, and beat it with a little water till it be white, put your water clean from it, and put your liquor into a poſnet, take a reaſonable quantity of Onions, pilled and chopped ſmall, put them to the liquor, and boil them together, and ſtrain it through a cloath, and keep it to your uſe: this cured a man that was ſcalded in a Brewers beſſell.

Chap. CLI.

For a burning or ſcalding.

SAlt diſſolved in water, or brine; preſently takes away the pain, and heat of any burning or ſcalding, if it be anointed therewith, and eſpecially if it be bathed with linnen cloths dipt therein, & to heal it that it be not ſeen. Take ſheeps ſuet and ſheeps dung, the inner rine of elder, and boil them through a courſe cloath, and when you uſe it warm it, and lay it on the burnt or ſcalded place with a feather.

Chap. CLII.

An Oyntment to take away a Wen.

Make powder of unſlackt lime, and mixe it with black Soape, and anoint the Wen with it, and the Wen will fall away, and when the root is come forth, anoint it with oyl of balm and it will heal it perfectly.

Chap. CLIII.

An oyntment for the Shingles.

Take Adders-tongue in the moneth of May one pound and three quarters of a pound of freſh clarified Hogs-greaſe, and ſtamp the Adders-tongue very ſmall in a Morter, then boil them together, and ſtir them till they become a ſalve, then put it into an earthen pot, and anoint the Shingles, and ſpread ſome of it upon a cloath, and lay it upon the Shingles ſo far as they go, this is good againſt any biting or ſtinging of a Serpent or madde Dogge, by anointing the place very hot.

Chap. CLIIII.

An Oyntment for the cold Sciatica, or Benummedneſſe in the thighs or legs.

Take a pint of Aqua vitæ, a pint of Wine Vinegar, a quarter of a pound of oyl of Bays, the juyce of four or five handfulls of Sage, a ſawcer full of good Muſtard, the Gall of an Oxe, and chafe them in the bladder an hour or more, that the oyl may be well mingled with the reſt, and anoint the place therewith againſt

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a good fire, and let him go warm into his bed and ſweat.

Probatum eſt.

Chap. CLV.

An Oyntment for the Gout, and to comfort the joynts.

Take a Fox, put the guts and skinne away, and cut him in ſmall pieces, and take a gallon of Sallet Oyl, ſeeth them together with a ſoft fire, and put therein a handfull of Mugwort ſhred ſmall, two ounces of Dill in powder, ſeeth it again in a pound of oyl Olive, and a pound of freſh butter, ſeeth it till all the water be conſumed, then ſtrain it, and anoint the joints therewith.

Chap. CLVI.

An Oyntment againſt the Palſey.

Take Ivy-berries and Capons-greaſe three ounces, and the roots of Celendine, a handfull of Sage, of oil of Bays two ounces, of oil Olive half a pound, beat the hearbs and roots ſmall ſeeth all theſe together upon a ſmall fire, ſo ſtrain it and anoint the place grieved this is very pretious.

There is *Flos Vnguentorum* or the flower of Oyntments ſold by the Apothecary, which hath very rare effects, for the curing of all old Fiſtulaes and feſtred ſores of long continuance, it draweth any broken bone, ſplinter, or thorn out of the fleſh. It cureth aches or pains in the joints or bones and (being rightly made) is above all others the moſt pretious unguent as experience dayly teacheth.

I have already shewed you many hidden secrets or rare experiments in Physick and Chyrurgery; which thou must needs acknowledge to have produced wonderfull great effects; yet are they nothing in comparison of these that are behind, the reading and right use whereof, will render thee a true imitator of him who by his unparallelled wisdome and morall Philosophy, knew the virtues and use of all herbs and vegetables, from the tall Cædar of Libanon, to the Hysop that groweth upon the Wall. And forasmuch as there is none, that can (with assurance of good successe) undertake any cure in Physick, without observing certain Rules (as hath been already proved unto you in the practise of Chyrurgery,) Before I speak of Purges, Vomits, Waters, Drinks, and Hearbs in generall, I shall recommend some particulars which I always observe in the ministring of Physick.

CHAP. CLVII.

Certain Rules to be observed by the learned and expert Physitian.

A skilfull Physitian is a continuall Votary or Servant of nature; for the right ministring and applying such fit and proper remedies as may help, defend, and sustain nature; and wast or destroy the malady or disease, which that thou mayest effectually perform, search diligently to know the cause from whence the distemperature or disease ariseth, whether of Phlegm, Choller, Blood, or Melancholly, and whether it be seated in the Stomack, Head, &c. or from a hot or cold cause, by which means thou art in a good measure enabled to find out the grief or disease, and apt to prescribe a proper remedy against it. If thou findest it convenient and profitable for the Patient to be let

blood thou must have respect to the time of the year, the age of the party, the sign that governeth, the strength of the Patient, and the disease.

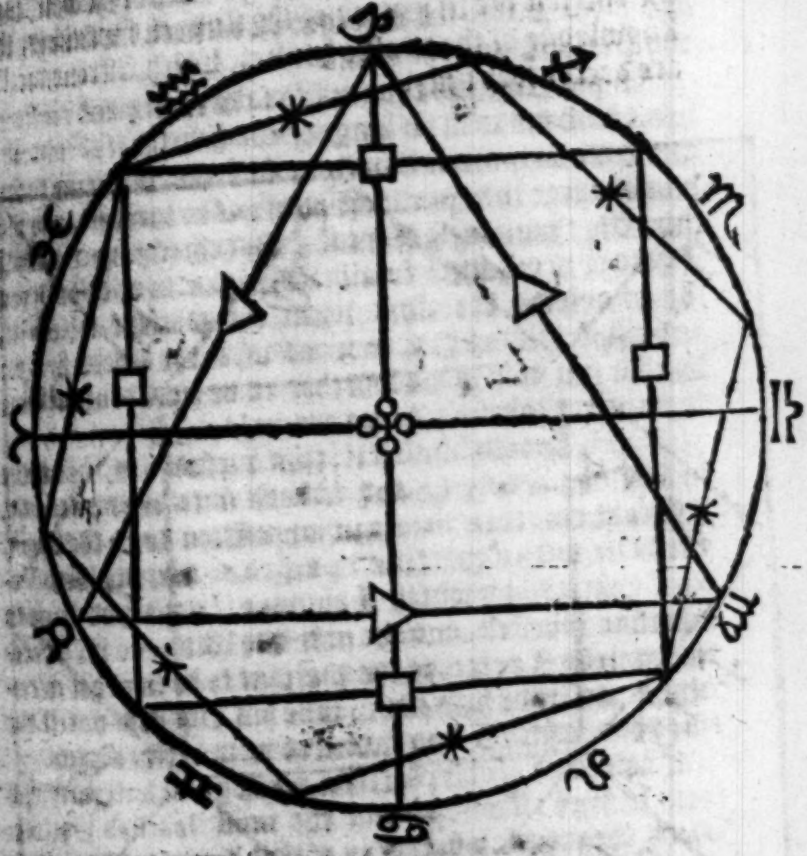
In purging also thou art to take notice and consider what humour is to be purged, and how far it aboundeth, and have as speciall regard to suit the medicine to the humour that thou wouldest purge as to the time, and the quantity thou givest thereof. But chiefly and above all I hold it necessary (in all sicknesses or diseases) you should observe the time when the Patient falleth ill, and what Planet governs, and what the aspects are, for by that you may judge whether it be a convenient time to minister Physick, as for example.

R. H. findeth himself ill this present day, being the first of April, 1651, and seeketh unto me for remedy, I find at this time Saturn in opposition with the Moon, and Mars with a quartille 12 degrees, a sextile with Venus 6 degrees, by which I adjudge it not a good time to minister Physick, and the next day like unto it, therefore unless I perceive the Patient to be in great necessity, I perswade him not to take his Physick untill the third day, which I find favoured with better aspects.

These kind of observations are of great antiquity, and were in high esteem among the most learned Philosophers, the practise whereof is of that singular use in these times that some in London and other places, which soar with the highest on the wings of fame, give judgements this way, rather then by the urine, and therefore I suppose thou will not think it loss of time, if I am the more large on this point.

If thou wilt therefore be expert in this art thou must be throughly informed concerning the course of the heavens and the celestial bodies, and what the signs and aspects be, which thou hast most lively represented by this Figure.

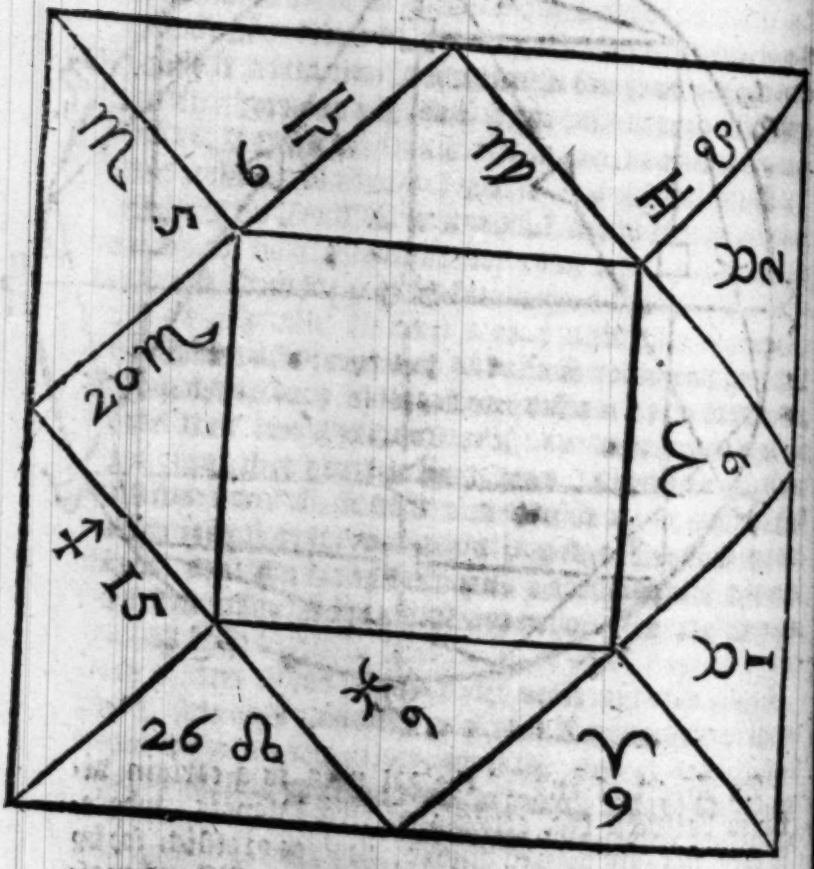
An



An Aspect of any of the Planets is a certain distance between the centers of two Planets, wherein they notably help or hinder, prosper or afflict; for by good aspects, as the ✶ sextile, and △ trine they afflict and prosper, but by a □ quartile and opposition, they do hinder and afflict: so that by this thou mayest perceive the conjunction is good with good and evill with bad.

By a △ trine you are to understand a third part of the Air, a □ quarile is the fourth part of the air, a ✶ sextile a sixth part of the air, An opposition is when one Planet is right against another, the half part of the air, and

a conjunction is when they meet. But that which is of the chiefeſt uſe in matter of thy ſtudy and practiſe is, the knowledge of the twelve houſes, which Aſtronomically are deciphered thus.



In each houſe thou findeſt characterized one of the 12 Signs, yet note that they do alter and change according to the Quotidian and courſe of motions. Three of theſe ſigns be of the nature of fire, three of air, three of water, and three of earth. The three fiery Signs are Aries, Leo, Sagitarius; the three of the ayr be Gemini, Libra, and Aquarius; the three of the water, are Cancer, Scorpio, and Pices, and thoſe of the earth are Taurus, Virgo, and Capricornus,

And

And when 2 Planets are in one sign, and one degree of the Zodiack there is a conjunction.

Therefore as it is necessary that thou shouldest know what the sign is, when thy Patient falleth sick, so must thou likewise know what Planet is Lord of the house, then observe what the Aspects are (described in the first Globe or Sphear) and it will not a little direct thy judgment both concerning the disease, the remedy, and the time of continuance or abatement thereof.

Also the knowledge of the Planets is the more desirable, for that it is the judgement of the wise Philosophers, that they have not onely influence upon the bodies of men, &c. but also upon all Hearbs, Plants, and Vegetables; for the Sun hath a speciall influence on the Bay-tree, and other trees of that nature. and we find by good experience the effects answerable (of which more in the vertues of herbs,) the study whereof will very much enable thee in the right ministring and applying such things as in thy practise thou shalt find requisite to be made use of: for Alcomes the Physitian chose to make his powders, (whereof he giveth such large commendation.) when the Suns entered the first degree of Aries.

I shall now therefore proceed to set down certain generall remedies by way of Purgations, Vomits, Glisters, Drinks, and Waters, with divers other hidden secrets for the curing of any disease or malady of the body either internall or externall.

Chap. CLVIII.

An excellent Purge.

TAke Diacatholiacon one ounce, Confection of Hameck one ounce, mixe them very well together, and put them into half a pint of White wine and drink it.

Chap. CLIX.

Pills to purge Melancholy and Choller.

TAke half an ounce of Aloes Sackatrina, and beat it to powder very small, then take a dram of Rubarb, and slice it very thin, and dry it in a saucer upon embers, then beat it to a fine powder, and of powder of Steel half as much in measure as the Rubarb, and with a little Claret-wine temper them together till they be like past, and then make them into pills, whereof take one every night 2 hours after supper, and in the morning drink some broth.

Chap. CLX.

To purge the head of grosse Choller and Phlegm.

TAke Pillule Masticka fermely, 1 dram and a half of oyl Teijme Chymicall seven drops, of the spices of Aromatica seven grains, mix these well, and make them into ten pills, an hour before dinner and an hour before supper, and use them as you have need.

Chap. CLXI.

A Speciall powder for the Memory, and to purge the Brain.

Take three ounces of Senæ leaves, Sednarij, Commin, Parsley, and Dill seed, of each an ounce. Ginger one ounce and a half, Cloves, Nutmegs, Calmus, Galingal, Pimpernill Roots, Sage, Rue, Valerian, Annis-seeds, of each one quarter of an ounce, Sugar three ounces, pound all these small and temper them together, and take thereof morning and evening one dram at one time.

Chap. CLXII.

Another excellent Purgation.

Take the flowers of the Peach-tree, infuse in warme water for the space of ten or twelve hours, then strain them and put thereto more of the flowers and put to the said liquor to infuse after the same manner six or seven times; then put thereto as much Suger as it will require, and boil it to the thicknes of a strup, whereof take two spoonfuls in the morning, and it purgeth the belly better then Rubarb or Agrick, for it worketh exceedingly upon moist and watrish humors without pain or gripings.

Chap. CLXIII.

To make Pills of Liquoris to be taken after an extream cold, or the falling of the Rhume from the head.

Take choise Liquoris, and beat it to fine powder, and put thereto so much Pisop water as will make it like

like paste with a little Gum-dragon, & make pills thereof and let them dissolve in your mouth.

Another gentle purge.

TAke a new-laid egge, & put the yolk from the white, then put the yolk again into the shell and sup it off, then drink four spoonfulls of Aqua vitæ after it, and walk a while upon it.

Chap. CLXIIII.

A Glister for the Emrods.

TAke a Glister made of a quart of milk boiled to a pint, with two handfuls of Mallows, and a handfull of Mercury. Then take Frankincense, Storax, and Benjamin, and powder them, and take the fume thereof in a close-stool, and anoint the place with Vnguentum album Camphoratum.

Chap. CLXV.

Another Glister.

TAke a pint and a half of strong ale, an ounce of Fennell-seeds, and five ounces of course Sugar, four or five spoonfuls of Syrrup of Roses, or of syrrup of blew Violets, your Fennel-seeds must be beaten and boiled in your ale, it must boil half a pint away, then strain it, and put in your Sugar, and which of these syrrups you will, and give it warm.

Chap. CLXVI.

An excellent Vomit.

Take Antemony prepared, beaten small, one pennyweyth, and infuse it in a penny-pot of White-wine, take Sinamon bruised, strain it, and as you use it warm it, and one hour after, if it work not, drink warm pollet-ale; and if the water proceeding be tough and thick, put into the pollet-drink a little sweet-butter, but be sure the sign be not in the upper parts, by reason the matter will not fit and operate. the quantity you give may not be above two or three spoonfulls, according to the strength of the patient, four spoonfulls will be enough for any strong body.

A vomit for an Ague.

Take the powder of Stubin. according to the strength of the Patient four, five, six, or seven grains, and give it to the party fasting in any convenient sign. and drink pollet-drink between whiles. It purgeth both ways without danger.

Chap. CLXVII.

Dr. *Gifford's* purging drink,

Take of the roots of Parsley, Red-Fennell, Sparagus, Madder, of each two ounces, of Red-Dock roots two ounces, of Setrach, Maiden-hair, water-Cresses, Scabius, of each two handfuls, of Burrage, Buglas and Violet-flowers, of each half a handful, of Sena three ounces, of Polipodium of the Oak two ounces, of Epithemum one handfull and a half, of white Tur-

bith, of Gum Mexican of each two ounces, of Sassafrage, of Ashen-tree bark, of Capper-roots, of each one ounce, of Annis-seeds, Caraway-seeds, Coilianderseeds, of each two drams, let the hearbs and the roots be a little dried and cut that which is to be cut, and bruise the rest and make a grosse-powder, put it into a linnen bag, and put into a firkin of four gallons of six shillings Beer, when it is cleansed put into it a pint and a half of the juyce of Scurvy-grasse clarified, put aside the setting from the dregs in the bottome, & drink a good draught of this every morning fasting, and at four of the clock in after-noon.

Chap. CLXVIII.

A Purging drink for a tough Phlegm.

Take Salsaparilla, Hermodactiles picked, Sena of Alexandria, Liquorice, of each three ounces well bruised, the filling of Guajacum four ounces, the bark of Guajacum two ounces pounded, Bay-berries, the husks taken off and brused, one ounce and a half, Cinamon pounded half an ounce, two good Nutmegs bruised, put all these into two gallons of new tunned ale, and three days being ended, the next morning at six of the clock, drink half a wine pint if you can of the ale, & as much at three of the clock in the afternoon make a spare dinner at ten of the clock, and the like supper at six, or else drink one draught at six and another at ten lest it make you rise in the night.

Chap. 169.

Chap. CLXIX.

An excelent drink for the yellow Jaundies.

TAke tops of grẽn Broom a reasonable quantity, shred them small, then put to them half a penny-worth of Saffron, stamp them well together, put to them of strong Ale or Beer, two good spoonfulls so let them steep all night, in the morning strain it with a little more beer to make a small draught, let it be drunk betimes and fast three hours, and use to swing the arms much, receive it three or four mornings making it fresh every morning.

Chap. CLXX.

A drink for spitting of Bloud.

TAke the juyce of Betony, and temper it with Goats milk, and give it the patient to drink three dayes. Or take Smallage, Pints, Rew, and Betony, and seeth them well in good milk, and sup it off warm.

Chap. CLXXI.

A drink for a surfeit.

TAke three quarts of strong ale, steep therein a quarter of a pound of Liquorice, & half a quarter of Annis-seeds twelve hours, then still it in a Limbock, & take a quart of the first water for the surfeit drink.

To a quart of this Aqua vitæ, put a dram of Hiera-picra made into fine powder, as small as dust, and so put it into Aqua vitæ, and shake it half an hour together, then put it into a Stove or Cupboard near the fire where it may have a continuall warmth like the heat of the

Sun for ten days, for that time shake it once a day very well, after these ten dayes it must stand a week to settle that it may be clean put from the bottome, when you pour it out: the Ases are, it may be safely given in surfeits of all sorts, one, two, or three spoonfulls at several times to some complexions it will give some few stools, it must no way be given to a woman w̄ child unless she be in hard travel near delivery, in shew of danger nothing is better to speed delivery.

Chap. CLXXII.

Another for the same.

THe distilled water of Mallows sliced in small pieces when they be ripe, and drink once in a day three or 4 ounces for a moneth together & it doth greatly help the Stone, causeth the Urine, and purgeth the kidneys and allayeth all inward heats, and not unnaturally, cooleth the liver and ceaseth thirst.

Chap. CLXXIII.

A restoring Drink for any decay of the inward parts.

TAke live honey, and put thereto tops of Balme, Conslip-blossomes, Rosemary flowers, Burrage flowers Buglas flowers, the flowers of red Cornations, let these remain in the honey a month, the stop the pot very close that no air go in or out, & let it stand al the while in some warm place either in the Sun or by a continuall fire, then distill it in a glasse still and drink thereof every morning a good draught.

Chap. CLXXIIII.

A drink for a woman with child in danger to miscarry.

If any woman great with child shall take this drink every other day in the morning, three hours before she eat any meat, beginning the same about ten days or a fortnight before the time of the birth it shall not onely be made more easie, but also she shall bring forth her child without pain. Take of the great Treacle one scruple, which is the weight of twenty four barley corns, the powder of Liquorice, and the powder of Sinamon of either three grains, of good white wine one ounce and a half mixed altogether, and make thereof a drink, and let it be given to the woman with child, in such manner as is before sayed.

Chap. CLXXV.

An excellent Drink to purge Melancholly and choller, to cleanse the bloud and to comfort the heart.

Take of Saliaparilla four ounces, of Sena munda four ounces, of China roots two ounces, of Rubarb three drams, of Epithamum half an ounce, of Polipodium roots three ounces, of Madder roots one handfull, of red Dock roots the pith taken out and sliced one handfull, of sweet Fennell roots and Annis seeds, of each half an ounce, of Sinamon, Mace and Nutmegs, of each three drams, of Scabius, and Egrimony, of each one handfull. Then take your Saliaparilla, China, Rubarb, Polipodium, and Madder, and scrape and slice them, and beat them into grosse powder, and powder the Fennell and Annis seeds, Nutmegs, Mace, and Sinamon. And put the

Epithamum, Dock-roots, Sena, Egrimony, and Scabions whole into a bag of course Boulter, or Lowsewort, incompassing the powder in the hearbs; in putting them into the bag. And put the bag into an empty barrel, and after put six gallons of Beer to it, but let not the barrell be full lest it work over, and stop it close. and after it hath stood seven dayes, drink thereof every morning a wine pint, and the like quantity about four of the clock in the afternoon. But put the bag first empty into the empty barrell, and after put in the ingredients there to.

Chap. CLXXVI.

Doctor Deodats Scurbubical Drinke.

TAke Cardus Benedictus, Roman-wormwood, Brooklime, Scurvey-grass, Water-cresses, Water Trefoil, of each one handful: of Dodr, Tetrach, Scolopendria, Burrage, Bugalos, Hazel, Speedwel, of each one handful, of Elicompain roots one ounce; to these hearbs clean picked and washed, put three ounces of Reasons of the sun stoned, fifteen slices of Lemons, and as many of Orenges. Boil all these in as much white wine as will well boil the hearbs, and let it boil till it comes to a pint and a half.

A Scurbutical Sirrup to take with the former Drinke.

TAke juice of Scurvey grass, Watercresses and Brooklime, of each six ounces, of the juice of Orenges and Lemons, of each foure ounces. First clarifie the juices, then put to it a pound and three quarters of Sugar, let it boil to a sirrup: then take two spoonfuls of it in foure spoonfuls of the Drinke at the houres of six in the morning and four in the afternoon.

Chap. CLXXVII.

A Diet-Drinke for any disease that is curable prescribed by three Dutch Doctors.

TAke of Hermodactils two ounces, of Sarsaperilla four ounces, of Sena Alexandr. four ounces, of Sassafras wood, two ounces, of Liquorice one ounce, of Annis-seeds one ounce, of long Pepper half an ounce, of the leaves of Scabius one handful, of Egrimony half a handfull, of Water-cresses and Brook-lime, of each one great handfull, of Sea Scurvey-grasse, two great handfuls, of good Nutmegs one ounce, let all the woods be slit and cut small, and the hearbs shred and put into a bag and hang it in a barrell with six gallons of new ale, and let it stand and settle eight days, then drink continually of it and no other drink while it lasteth and eat bakers bread with Coriander-seeds, and keep a good diet all this six weeks.

Chap. CLXXVIII.

A Purging Ale.

TAke of the juyce of Scurvey-grasse four pound, of Water-cresses two pound, of Brooklime one pound of Water mints half a pound, of the hearb of Dry Wormwood four handfulls, of the roots of Madder four ounces, the roots of Quincks Rubarb three ounces, Roots of Horse-radish one ounce and a half, the roots of Sassafras one ounce, of Sena four ounces, Juniper-berries half an ounce, of Annis-seeds, Carni-seeds, and Ginger of each six drams.

Another

Another.

To a pint of the whay of Goats-milk put of Sena half an ounce, of Ginger clean scraped and thin sliced, of Anni-seeds, and sweet Fennel-seeds well dusted and lightly bruised, of each the weight of four pence, let them stand to an hour, or an hour and a half, on warm embers; in infusing the next morning to a draught hereof put a spoonfull of sirrup of Roses, and as this agreeth with you, take it two or three days together, or every other day.

CHAP. CLXXIX.

An excellent Diet-drink.

TAke the roots of Monks Rubarb, and red Madder, of each half a pound, Sena four ounces, Anni-seed, and Liquorice of each two ounces, Scabious and Egrimony of each one handfull, slice the roots of the Rubarb, bruise the Anni-seed and Liquorice, break the herbs with your hand, and put them into a stone pot called a stean, with four gallons of strong ale to steep or infuse the space of three days, and then drink this liquor as your ordinary drink for three weeks together at the least, though the longer you take it the better: providing in a readinesse another stean, so prepared, that you may have one under another, being always carefull to keep a good diet. It cureth the dropsie the yellow Jaundies, all manner of itches, scabs or breakings out of whole bodies, it purifieth the blood from all corruption, prevaileth against the green sicknesse very greatly, and all obstructions or stopping, it makes young maids to look fresh and fair, it helpeth the stoppage of their monethly sicknesse.

Chap. CLXXX.

The making of a very pretious water.

TAke a gallon of good gascoin wine, the roots of Galingal, Nutmegs, Grains, Cloves, Anni-seeds, Fennell-seeds, Caraway-seeds, of each a dram then take Sage, Pint, red Roses, garden Time, Pellitory, Rosemary, White-time, Camomil, Penny-royal, Margerome, then beat the spices small, and beat the hearbs and put all into the Wine, and let it stand for twelve hours stirring it divers times, the distil it in a limbeck and keep the first water by it self for it is the best, then keep the second water, for it is very good, but not so good as the first.

The virtues of this Water.

It comforteth the spirits, or vitall parts; it healeth any inward disease that cometh of cold: it is good against the shaking Palsie; and cureth the contraction of sinews; and helpeth the conception of women that be barren; it killeth worms in children or elder persons; it helpeth the cold gout; it cureth the cold Dropsie; it helpeth the stone in the bladder, and in the reins of the back and whosoever useth this water now and then and not too often, it preserveth him in good liking, and shall make him look exceeding young and youthfull.

Chap. CLXXXI.

A most excellent water for the Stomack, and for a Surfet.

TAke of the best & purest Aqua-vitæ you can get, and put thereto three dozen of Reasons of the sun stoned, three Figs sliced, two Dates quartered, and the white taken out; a quarter of an ounce of Cloves, a quarter of an ounce of Mace, and as much Sinamon; two races of Ginger sliced, two ounces of Annis-seeds picked and rubbed, of Angelica-seeds two Drams, and of Cardus-seed two Drams, of Turnsole one ounce and of fine Suger a quarter of an ounce: Steep all these in the Aqua-vitæ for the space of fifteen days, shaking of it twice every day, then take an Hipocras bagg, and let it run through, and so put it up for your use, and put thereto an ounce of Annis-seed Comfits, and an ounce of Amber Comfits, an ounce of Manus-Christi, and one grain of Musk, and take foure spoonfuls thereof fasting, or at night when you go to bed.

Chap. CLXXXII.

For heat and pricking in the eyes.

FIll an Egg-shell newly emptied with the juyce of Sengreen, and set it in hot embers, take off the green scum that riseth to the top, then it will be a water, strain it and keep it in a glasse, and put some of it into the hot eye four or five nights together, and it will ease the pricking and burning.

Chap. CLXXXIII.

An excellent Water.

The water of Marigolds doth help all diseases of the eyes and taketh away all pains of the eyes, and takes away all pains of the head, and the juyce of Way-leaves, dropped into the ears takes away deafness or other strange sounds.

Chap. CLXXXIIII.

To break the Stone.

Take Hawthorn flowers, or for lack of them Haws, and distill them, the flowers in May and the berries when they be ripe, take of this water three spoonfulls, with three spoonfulls of Malmsey, a quantity of Ginger, and drink it warm.

Chap. CLXXXV.

A Water to be made when Cowslips are in their prime.

Take six handfuls of Cowslip flowers, one handfull of Rosemary-flowers, half a pound of Reasons of the sun stoned, half a pound of Liquorice bruised, a quarter of a pound of Aniseeds grossely beaten, put all these into three gallons of good ale or lees of Wine over night, the next morning distil them in a limbeck, and when you have a quart of water keep it by it self, two or three spoonfuls of this water is good for an ill stomack that is weak of digestion, and for the spleen and other infirmities of the stomack.

Chap. CLXXXVI.

To make Barley-water for a Fever, or an Ague.

TAke a little handfull of Barley, and keep it in a porrenger of fair running water, the space of two or three hours, then pour away the water from the Barley, and take a pottle of the like water, and boil the Barley in it; then take it from the fire, and put the water from the Barley, then put the Barley in three pints of fresh water, with a Parsley root, and a Fennel root the pith taken out; then being boyled to a pint, strain it, and use it thus. Take three or four spoonfulls thereof, mixed with two spoonfulls of sirrup of Vinegar, and use to drink thereof every five hours upon your good day and keep your body soluble with a suppositary once a day, if nature do not this office. Drink also of it in your sick days, also the day after your fit at six of the clock in the morning. Take half an ounce of Liquorice, and a good handfull of Annis-seeds grossely bruised and boiled with a wine pint of the broth of a Chicken, let it lie so till it come to a full good draught then strain it hard out, and make it sweet, and so blood-warm let him drink it up at one draught, and neither eat, sleep, nor sweat five or six hours after, and so the Fever will away.

Chap. CLXXXVII.

A most excellent Water for the Stone.

IN the moneth of May, when Oxen go to grasse, take of their Dung, neither too new nor too dry, then distil it fair and softly into some vessel or glasse of which you shall have a water without any ill savour, which will take

take out any spot or blemish in the face, if you wash therewith dayly. Keep the same Water in a vial or glasse close stopped, then take three or four Radish-roots, cut them in pieces, and fill the vial with good Muskadel, they being put into it: let it stand so in the sun one day and night, then take one part of the Wine, two parts of the Water of the Dung, a pint of Strawberry-water, three or four drops of the juyce of Lemons or Citrons, and let there be of these waters distilled, and proportioned together, half a glasse full, or somewhat more, into the which you shall put a piece of Sugar, or a little Honey, and so give it the Patient to drink, and you shall see a wonderfull effect, and present remedy.

Probatum est.

Chap. CLXXXVIII.

This Water is very pretious for frantick and madmen, very often proved.

TAke of the flowers of Rosemary, of Burrage, and of the roots of Fuglosse, of each half a pound, of Saffron two drams, of Quinces four ounces, of the best White-wine two pints, mix them altogether, and let them stand so for the space of a natural day, after that bury the glasse wherein all the same is, in Horse dung for fifteene dayes, and then take it out, and distil a water thereof according to Art, two or three times over: keep this Water as the apple of your eye, for it is very pretious, and well proved in all melancholy sicknesses very effectually, and the pain and trembling of the heart: The quantity to be given at one time, is a dram, which is the weight of seventy two Barley-corns, if you will prove it you will praise it. And this in the new Jewel of Health, with many more excellent things.

Chap. CLXXXIX.

An excellent approved water for the Stone.

TAke a gallon of new milk from a red Cow, and put thereto one handfull of Pelitory of the Wall, one handfull of wild Time, one handfull of Sarafrage, one handfull of Parsley, and two or three Radish roots sliced steep all these in the milk one night, the next morning distill the milk with the hearbs, with a moderate fire, the best time to distill this water is in the end of May or beginning of June, use it in this manner, take of the water eight spoonfulls, and of Rhenish or White-wine five or six spoonfuls, a little Suger, Nutmeg sliced, make it luke-warm, and drink it fasting, and fast three hours after it using temperate exercise; take this two mornings and two nights together to bedward, every fourteen dayes at the full of the Moon, and at the decrease, or as often as need requireth.

Chap. CXC.

A Water for the falling sickness.

TAke the water of garden Lillies, and give a child to drink a spoonfull thereof at the appearing of the sickness, and when it is therewith visited, but to an older person three or four spoonfuls.

Probatum est,

Chap. CXCI.

An excellent water good for the ſtomack and head.

TAke a pottle of white-Wine, a handfull of Balm, a handfull of Bittony, a handfull of Cowſlip-flowers, and a handfull of Roſemary flowers clean picked, put all theſe into an earthen veſſell with the wine cloſe covered. let it ſtand ſix days, ſtir it twice every day. ſo done put them into a ſtill with two ounces of the beſt Nutmegs, half an ounce of Cinamon, half an ounce of Cloves both bruiſed, paſte your Still cloſe, and ſo let it work with a ſoft fire, and not open it till you find it all ſpent, and when you ſpend it, put into every pint four ounces of white ſugar Candy, and keep the firſt ſtilling longeſt, becauſe it will be ſtronger then the latter.

Chap. CXCII.

A Water to cure the Tooth-ach.

TAke of Claret-Wine one pint, Cloves one ſpoonfull, of Roſemary, Bittony, and Bramble-leaves, of each half a handfull, boil all theſe over a ſoft fire, untill half be conſumed. Then reſerve it for your uſe in pots cloſe covered.

Chap. CXCIII.

To make a Water cordially good against any infectious disease, as the small Pox, Measels, or Pestilent burning Fevers, and to divert any offensive or venemous matter from the stomack, or to be used after a surfeit or in passions of the Mother, or for children in Fits of Convulsions, and is generally good to comfort and strengthen nature in all cold diseases.

TAke of Sage, Celendine, Rosemary, Rue, Rosa solas Wormwood, Pugwort, Pimpernill Dragons, Scabius, Egrimony, Balm, Bittony-flowers, and leaves, Centary-tops and flowers, Marigolds tops and leaves of each of these a good handfull: then take your roots of Tormentil, Angelica, Elecampane, Piony, Liquorice; all clean scraped, of each of these half an ounce, let all the hearbs be washed, and taken in a linnen cloath untill they be well dried, then shred all together, and let your roots be sliced thin and mixed with the hearbs, then put them all into a gallant pot of white-Wine, and let them all steep together in a large gally pot, or earthen pot that is well leaded, and so let them remain close covered two dayes and two nights, stirring them once in a day, then distill all together in an ordinary Rose-Still, and not in a limbeck with a soft fire, receiving a pot or a pint of the first water by it self for your strongest, also a quart of the second running water by it self, and of your last a weaker sort by it self, in several glasses close stopped with corks fast tied with leather. The strongest water when one is infected is to be taken by a spoonfull at a time every morning fasting, if they cast it up they must take it again.

Chap. CXCIII.

An excellent water for any Sore either old or new.

Take a quart of pure running water, a pint of white wine, three or four spoonfuls of Lavender seeds, two spoonfuls of live honey, a little peece of of Roch Allom, boil them together, till the one half be consumed, then wash the sore therewith.

Chap. CXCV.

A precious water against the Plague, Pestillence, and Poison.

Take the distilled water of Diptanum Pimpernel Tormentil and Scabius, of each a like quantity, and mix them together and drink thereof. Philosophers doe report that it were impossible for any man to dye of poison or pestillence, if he use often to drink these waters next his heart. It is called water Imperial and all great States among the Sarasins use to drink thereof.

Chap. CXCVI.

A precious Water.

Take Galingal, Cloves, Nutmegs, Ginger, Pellilot, Cardemons, Mace, Nutmegs, of each an ounce, and mingle all the foresaid with the same juyce, and a pint of Aqua vitæ, and three pints of white Wine put all these together, into a Stillatory of glasse, and let it stand so all night, and on the morrow distill it, this water is of secret nature, and helpeth the lungs without any grievance, and mightily healeth and comforteth the if wounded and perished, it suffereth not the blood to putrifie

but multiplieth it in great quantity, yea, he that uſeth it ſhall not often need to be let bloud, it is good againſt heart-burning, and reſiſteth Melancholy and Flegm to puffe up or have domination above nature, it expelleth Rheum mightily, and profiteth the ſtomack marvellouſly it conſerveth youth in the freſh eſtate, and maketh a good colour, it keeps and preſerves the Oyphage and memory, and deſtroys the palſie of the lims and of the tongue, and keeps one from palſies, further, if a ſpoonfull of this water be given to man or woman labouring towards death it wil releeve them. Finally of all Artificial Waters there is none better. In Summer once a week in the quantity of a ſpoonfull faſting, and in winter the quantity of two ſpoonfuls.

Chap. CXCVII.

A Water to drink with Wine to cool choller.

Take Burrage-roots and Succory-roots, two of each ſort, waſh them and ſcrape them clean and take out the pith, then take a fair earthen pot of two gallons, and diſtil it with fair Spring-water, and ſet it on a fire, with Charcoal, and put the roots thereto, and eight penny worth of Cinamon, and when it beginneth to ſeeth put in four ounces of Sugar, and let it ſeeth half an hour, and ſo take it off and let it cool, and afterwards drink it with wine or without at your pleaſure.

Chap. CXCVIII.

An excellent Water for the weakneſſe of the back and pricking of the Urine.

Take a pottle of Mulmſey, a handfull of Betony, five Parſley-roots, five Fennell-roots, clean ſcraped,

and

and the pith taken out, a nutmeg minced, seeth all these together unto a quart, and clarifie it, and put thereto an ounce of white Sugar Candy, drink this water evening and morning, as hot as you can suffer it.

CHAP. CXCIX.

The making of the Fistula water.

TAke Bolearmoniack four ounces, Camphire one ounce, white Copozas four ounces, boil your Copozas and Camphire in a little black earthen pot, untill they become thin, stirring them together untill they become hard in seething, then beat them in a stone Morter to powder, and beat your Bolearmoniack by it self to powder, and then mingle them together, and keep your powder in a bladder, till you need to use them, then take a pottle of running water and set it on the fire, till it begin to seeth, then take it off from the fire, and put in three good spoonfuls of the powder into the sodden water whilest it is hot, and after put therewith the powder into a glasse stirring the water twice a day for a fortnight, which will make the water stronger, but before you use it let it be well setled, and apply it as hot as the party can well indure it and lay a clean linnen cloath four double to the sore wet in the same water, and bind it fast with a rowler, to keep it warm, do this morning and evening till it be whole; this water must be put in an Oyster-shell, and not in a sawcer, when you dresse the sore, otherways the sawcer will soak it up: remember to take three great spoonfuls, when you put them in the water: take heed you let none drink this water, put it not into any vessell you use after, if you please to make the water stronger, take an ounce of Allome well beaten to powder, and mingle it well with the other powders before you put them to the water, this water cures all old sores, principally Fistulaes, Tetters, Boils,

Tanckers in the mouth, ſcabs, or ſcalls in the head, grin wounds or any thing elſe in this kind.

Chap. CC.

To draw a Quintaeſſence of mans bloud.

TAke the bloud of a young ſanguine man and cholerick man at the Barbers ſhops as thou mayeſt have it, and namely of ſuch men as uſe good wines, then put away the water after it hath ſtood, and paſte and bake it with ten parts of Common ſalt, prepared to the uſe and medicine of man, then put it in a glaſſe veſſel, and put it in horſe dung til it be rotted and putrified all the bloud into water, and that may be within ten dayes, ſometimes more and ſometimes leſſe. Then put it in a limbeck and diſtill it by a good fire, and take thereof the water as much as thou may, and grind the dregs that it leaveth on a marble ſtone, and put all the water thereto and grind it again together, and then diſtill it, and ſo continue grinding and diſtilling as before many times untill thou have a noble water of bloud, of the which Quintaeſſence may be drawn thus. Take the ſame water and put it in the Stillatory of circulation, and let it aſcend and deſcend till it be brought to the great ſweetneſſe, and marvellous odour, and ſmelling as Aqua vitæ, as is taught in the book of Quintaeſſence, and this is a marvellous and miraculous Quintaeſſence, as thou ſhalt well know and find by making uſe thereof.

Chap. CCI.

To draw a Quintacſſence from all Fruits, Leaves, Roots, and Hearbs.

GRind all Fruits, Leaves, Roots, and Hearbs, with the tenth part of prepared ſalt, then puriſie it and diſtill it circumſpectly, till it have the odour as is before ſaid.

Chap. CCII.

To draw a Quintaeſſence of every of the four Elements by it ſelf.

TAke thin grounds with ten parts of prepared Salt, and put it to putriſie, and thereof draw a Water as is before rehearſed by bloud and other things, take that Water and diſtill it in Balneo till there ariſe no more water, and then haſt thou one pure Element in the glaſſe. Then put the ſaid water thus drawn, upon the effects in the glaſſe in Balneo, ſomewhat warm that the effects and the Water may mingle well together; during eight or ten dayes: the glaſſe well ſtopped that no air may go out. And then take it up and ſhake it well together, and put it in a Furnace with aſhes, and make a good fire under it, and thou ſhalt diſtill a Water in form of oyl, red as Gold then haſt thou two Elements Water and Fire, and to ſeperate Water and Fire, diſtill that red Water in Balneo, and the Element of Water will ariſe, and the Fire will remain in the very bottome of the Stillatory, a red Oyl.

Then to part fire from earth take ſeven parts of the Element of Water, and put it upon one part of the effects,

fects, as you did before by the space of eight or ten days, and do as thou diddest in separating the two first Elements. But thou must make a stronger fire, and there shall ascend a red water, which is the Element of the fire and water together, separate them in balneo as you did before, and in the Stillatory shall remain the Element of fire. And the Element of earth, is that black Water that thou leavest when the fire is drawn by virtue of the Element of water, as all others are before. Thus hast thou every Element by himself, now mayst thou bring every of these Elements, by himself into an oyntment by the vessell of circulation, or else distill every of them seven times. But the black-water must first be vapoured, and in a furnace of Reverberation during twenty four or thirty dayes according to Art. The use and effects of this Quintecence is sufficiently declared in the foregoing Chapters of this book.

Chap. CCIII.

Here I shall shew you how to draw a Quintessence of all minerals, by example of Gold.

Bring thy Sol into a Calx in this manner; reach the Sol with quick-silver, and then vapour away the quick-silver, and in the vapouring away stir it all the while with a stick, and the Sol will be a subtil powder, the which calx put in a glasse and put thereto wine vinegar, distilled, or old Urine distilled three fingers breath above the calx of Sol, and set it in the hot Sun, and thou shalt see a froth of Sol gathered like unto a scum, upon the vinegar: gather that off with a feather, and have by thee another vessel of glasse with fair water, and wash the froth from off the feather in that water, and then gather more: and thus do as long as any scum will arise upon the vinegar. Then vapour away the water with fire, and there will remain the Oyl of Sol, which is

called

called Oleum in combuſtibuke, which is the very Quintaeſſence of Gold. And if thou uſe this Quintaeſſence according to Art, it ſhall reſtore Nature, and bring again youth, and preſerve mans life unto the day that God hath prefixed for him, which day ſhall no man paſſe. Alſo Quintaeſſence of Gold hath great ſweetneſſe and vertue to aſſuage aches, and maladies of wounds and to heal wounds and botches, and many other infirmities.

I have already given you many ſecrets and rare experiments concerning Chyrurgery, Phyſick, and Chymiſtry. There remaineth ſome other things moſt worthy of obſervation, and as neceſſary to be underſtood, as any thing which hath hitherto been communicated, I have proceeded to Plaiſters, Diſtillations, Extractions, Quintaeſſences, Purges, Inciſions, Minerals, and other things very admirable, the effects whereof have been ſufficiently approved. Yet there remaineth ſome other things concerning the vertues and effects of Plants, Herbs, and Gums, without the knowledge whereof, no Artiſt can effectually undertake any cure; therefore I ſhall proceed to that which followeth.

Chap. CCIIII.

The Vertues of Sage.

Sage is hot and dry in the third degree: It is ſingular good for the head and brain. it quickeneth the ſences and memory, ſtrengtheneth the ſinews, reſtoreth health to thoſe that have a palſie that cometh of moiſture, it taketh away ſhaking or trembling of the members. The juyce of Sage taken with honey, is good for thoſe that ſpet blood, it expelleth wind. dryeth the dropſie, and purgeth the blood. The leaves of Sage boyled with Woodbine, Plantan, Roſemary, Honey, Allome, and

and a little white-Wine maketh an excellent water for a Canker, Sozemouth, &c. Sage maketh an excellent and very wholsome Ale, if you adde thereto Wittony, Grimony, Scabius, a little Spike and Fennel.

The distilled water of Sage, of Coullips, and Primrose are good against the Palsie being drank and to wash and bath therewith.

A conserve made of the flowers of Sage, and Cowslip-flowers, is exceeding good against Palsies, Convulsions, Cramps, &c.

The vertues of Clary.

The seeds of Clary made into fine powder and mixed with Hony taketh away the dimness of the eyes and cléereth the sight and taken inwardly is very good for the back also the herb infused in warm water and applied plaister-wise dissolveth all kind of swillings especially in the joynts. But it is the more effectual if you add thereto Mallows and Smallage.

The vertues of Pellitory of Spain.

This herb is good against the Megrim, the Vertigo, or the giddiness of the head, the Apoplexie, the Falling sickness, the Palsie, and is singular good for all cold infirmities of the head and sinewes.

The vertues of of Tobacco.

Tobacco is of singular use both in Phisick & Chirurgery. Oil of Tobacco is good to anoynt the Stomach and for many other griefs of the body, it healeth all manner of wounds and sores, if you make a salve thereof thus. Take oile of Roses, oile of St Johns-wort, of each one pint, the leaves of Tobacco beaten small in a stone mortar, two pound: boile them together to the consumption of

of the juice, ſtrain it and put it to the fire againe, adding thereto of venis Turpentine two ounces, of Oblibanum and Maſtick of each half an ounce in fine powder, & put thereto ſo much wax and Roſin as will make it into a Salve. Tobacco is alſo the beſt medicin that is for deafnes if you uſe it in this manner. Take a quart of runing water, and put it into a new pipkin, and put thereto 3. ounces of Varinus Tobacco opened into the leaf, and boil it to a pint, then ſtrain it hard, and keep it a glaſs vial for your uſe. When you go to bed warm a little of this water blood warme, then ſoak therein a little black woll and put it into both your ears, do thus every morning and evening as you find occaſion. This cured a Lady that was deaf ſixteen years.

Of the uſe and virtue of Ebulus or Dane-wort.

TAke the buds of this vegetable, when they are young and green, perboil them in water, and make thereof a ſallad, and give unto thoſe that have coſtive bodies and it will provoke them to ſtool. It is an herb very profitable for the ſinews, it comforteth the weak parts and preſerveth ſuch as are weak in the joynts from many accidents: it purgeth phiegm which (for the moſt part) cauſeth debility of the nerves. Whoſoever uſeth to drink of a ſirrup, made of the berries thereof, ſhall not be troubled with ye Gout nor any diſeaſe in the articular parts. The ſeed dried is profitable againſt all infirmities cauſed of humidity.

The uſe and vertue of black Ellebore.

THe root of black Elleboze being dried and kept two years may be ſafely uſed without other preparation, and may be miniſtred againſt any infirmity, that hath his originall of a melancholy cauſe. Therefore it is moſt appropriate againſt the feaver, quartain, & lunatick perſons vexed wᵗ melãcholy.

The

The uſe and virtues of the hearb called *Gratia Dei*, a kind of *Geranium*, in Engliſh blew Storks-bill.

TAke of Gratia Dei, dried in the ſhadow and beaten into fine powder one ounce, Cinamon 1 dram, Cloves one ſcruple, Wheat-flower one pound, Orenges-conſite one ounce, make thereof a paſte with honey, and bake it in the Oven with bread: but take great heed that it burn not. Of this you ſhall give one ounce to purge againſt many infirmities: but above the reſt againſt Scrophulæ, againſt ſcabs, and the white ſcall. For it evacuateth onely the ſuperfluous humidity of the body, it drieth, and is appropriate for ſuch kind of infirmities. Howbeit you muſt note that all ſoluble medicines are not fit for one diſeaſe or complexion: for chiefly and properly Rubarb purgeth choller, black Ellebore avoideth melancholy, Danewort diſpoſſeſſeth the body of phlegm and this herb cleanſeth the bloud. Therefore every one hath his peculiar propertie: though ſometime either of them may worke upon more cauſes than one, yet not ſo properly or ſimply, but by accident, and in regard of circumſtances.

Two drams of the powder of this hearb, drunk in wine or broth, provoketh vomite and ſtege, and is very good for ſuch as are lunatick. It helpeth or at the leaſt delayeth the extremity of the feaver: it is good againſt griefs in the ſtomack and wind in the belly.

A decoction thereof made with lie, helpeth putrified bleers if they be waſhed therewith; for as it purgeth the ſtomack, ſo it cleanſeth the ſore, and healeth it quickly, if you wet a cloath in the ſaid lie and apply it thereunto.

The virtues of Rubarb.

THe hearb called in the Italian tongue, Lappacia maggiore, or Rombice domeſtice, is a kind of Rubarb, which among

among the learned Herbariſts, is terued by the name Rha recentiorum: whereof one dram when it is new, will looſe the body, euacuate choller, as the Rhabarbarum doth. It is very good againſt the oppilations: it purgeth the bloud, and taketh away ſcabs.

You ſhall haue a moſt precious medicine thereof: if you mix the græn root with Honey, Cinamon, Saffron, Ginger, and the powder of Roſes.

If you roſt the root in the embers, and mix it with condited Sugar it healeth the Scrophulæ, and mundifieth them, and healeth them in ſhort time. Some do mix it with the gum called Ammoniacum, and ſo do bring it into the form of an vnguent, and apply it vnto the parts affected with the Scrophulæ.

The virtues of Tithymale.

GAther the herb Tithymale (called Spurge) in the moneth of May; take forth the iuyce and mix it with Sugar roſet or Sugar violet in fine powder: the make of the both a moiſt paſt, & keep it in a glaſſe cloſe ſtopped.

When you purpoſe to uſe it, miniſter two ſcruples thereof in broth or any other conuenient ſirrup. It purgeth without pain, helpeth all feauers that come of heat: working not only by ſtool but prouoking of ſweat alſo.

It reſolueth all continual and quotidian fevers, when the parties affected therewith be hot, and their ſweat cold, yea though they be brought very low, it will by Gods help deliuer them of their troubleſame aduerſary.

Laureola doth alſo moue the body, by vomit and ſiege, but it may not be uſed in any continuall feauer or quotidian; becauſe it will inflame too much.

The virtues of Soldanella.

THis herb groweth in Sandy and ſalt ground, and is hot and dry. It purgeth vomits and ſiege, and is excellent

cellent against the dropsie, all windinesse and unwholsome moisture in the body. Being taken in lozinges, with Aromatico, the quantity of one dram, it sendeth forth all the noisome waterinesse, out of the body, drying and heating those parts in an excellent manner.

The virtues of Cyperus.

THe herb Cyperus called in English Galingal, being put into new wine, giveth it an excellent good taste & smel, prevailing against inward passiõs caused of wind. It is good for such as are bursten, for it resolveth the wind, if you take the powder thereof being stamped very small, and make a plaister thereof with other things appropriate thereunto, applying the same to the rupture, and changing it once every day. Also if the patient do once a day eat of the root, he shall in short space be holpen of that disease.

The virtues of Elder.

TAke the roots of Elder, wash them clean, and scrape them till you come to the wood, stamp that substance, and take the juyce and strain it, boil it, and scum it well; and for every ounce of the juyce, take one ounce of Mel rosarum, and drink it for it will cool the stomack, help hot feavers quickly, and purge the blood.

The virtues of sweet Margerome.

TAke sweet Margerome, and stamp it, and take of the juyce one ounce, oyl of bitter almonds one dram, and one scruple of Mastich, and snuffe it up at the nose, three or four mornings together: and anoint the head with oyl of egs. This purgeth the head of all pains, dissolveth tumors, quickeneth the sight and provoketh sleep.

The

The use and vertues of Persicaria.

YOu shall understand, that this herb, doth work (in a manner) against all infirmities, most strangely to behold. For if you take the powder thereof, and put it upon Copper molten, it will in the projection become like gold and will draw it to a small quantity, and make it malleable, and soft like gold, except the colour.

Also if you make a strong lie of the ashes of Persicaria and therein boil yellow brimstone, it will draw out of it quick-silver, which is the Philosophers Mercury. This herb doth also most notably preserve a man from many infirmities, if one part thereof be taken whiles it is dry, and one other part of Specia venetiane; being both of them well incorporate together, and used in your meats.

Of man and the Medicines that are made of him.

MAn is a rational or reasonable creature, whereof we have written at large in our book called Phisica del Fioravante. But here we will onely write of certain medicines, that may be made or derived from him: which are for the ease, help and remedy of divers infirmities which are in men and women. The reason whereof is very good, for every like rejoiceth with, and helpeth his like, and therefore man serveth for man. The fat of a man is (as every man knoweth) hot and penetrative, and mollifying if you anoint the parts therewith, (where the sinews be hard) and drawn together, or contracted, therefore it will quickly resolve them. I have made the Quintaessence of mans bloud, rectified and circulated, with the which I have done most wonderfull cures, for if you give thereof one dram it will restore those that lie at the point of death.

It is most profitable, against the infirmities that are in

the bloud; for it correcteth the malignity of the bloud, and preserveth it as well as the spirit of wine. If you put a little of it into an hogs head of Wine it will purifie it, and preserve it along time more then any other thing whatsoever. So that this Quintaessence worketh more effects, for the cure of great and dangerous infirmities then any other.

Also from the liver of a man will be drawn by distillation a water and an oyl. If the water be drunk every morning together, by the space of a moneth, in the quantity of one dram, with two ounces of Liver-wort, it will recover such as are halfrotten through diseases of the liver, and hath divers other properties, whereof I will not speak at this time.

From the flesh of man distilled, there will come forth a stinking water and an oyl, which is most excellent to anoint wounds withall, when they are badly healed, and that there remain any hurt in these parts, that they are not so sensible & pliant, (as they were wont to be before) this dissolveth them. And it mollifieth and softeneth all hardnesse of tumor, of what originall soever it shall come.

From the forepart of a mans scull there is drawn by distillation, a water, an oyl, and a salt, which is most profitably used against the falling-sickness.

Of Bees and their medicinal use.

BEes are of nature hot & moist, having a generative property. For if they be given to any barren creature, they shall conceive in short time after.

Also if you lay dead Bees in a dry place to putrifie, wetting them sometime w̄ wine, they will revive again though not as they were before, but they will be much bigger and of another form.

These Bees if you bring into powder with as much Cantarides; boil them a little with oyl of Camomil and anoint

anoint any part where the hair is fallen away, and it shall quickly come again and in a short space; a most strange thing to behold.

The use of Frogs.

The skins of Frogs being boiled and made into the form of a plaister with wax and frankincense, is very profitable for such as have any maligne or troublesome accident about their legs through heat.

The fat of Frogs is a wonderfull medicine against Fuoco sacro, or St. Anthonies fire, a disease happening unto children and others through the great heat that is in their blood.

The use and vertues of the resine or gum called Tacca Mahacca.

TAke thereof as much as you will, distil it in a retort of glasse, and from it there will come both oyl and water. Of which I have seen divers medicines made against sundry diseases. Anoint the belly with this oyl cold, when you go to bed: and it helpeth against the crudity of the Matrix.

If the genitel part of the man be anointed therewith before the act of generation, the woman shall be the more fit for conception: for by this means some kind of sterility is taken away.

It helpeth and easeth pain in the head, proceeding of a cold stomack.

It helpeth digestion and resolveth pain throughout the body, in what part soever they shall come, especially, when they have their beginning of cold.

The water hereof dissolveth wind in the stomack helpeth digestion, provoketh urine, mitigateth all feavers that come of cold,

The

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anoint any part where the hair is fallen away, and it shall quickly come again and in a short space; a most strange thing to behold.

The use of Frogs.

The skins of Frogs being boiled and made into the form of a plaister with wax and frankincense, is very profitable for such as have any maligne or troublesome accident about their legs through heat.

The fat of Frogs is a wonderfull medicine against Fuoco sacro, or St. Anthonies fire, a disease happening unto children and others through the great heat that is in their blood.

The use and vertues of the resine or gum called Tacca Mahacca.

TAke thereof as much as you will, distil it in a retort of glasse, and from it there will come both oyl and water. Of which I have seen divers medicines made against sundry diseases. Anoint the belly with this oyl cold, when you go to bed: and it helpeth against the crudity of the Matrix.

If the genitel part of the man be anointed therewith before the act of generation, the woman shall be the more fit for conception: for by this means some kind of sterility is taken away.

It helpeth and easeth pain in the head, proceeding of a cold stomack.

It helpeth digestion and resolveth pain throughout the body, in what part soever they shall come, especially, when they have their beginning of cold.

The water hereof dissolveth wind in the stomack helpeth digestion, provoketh urine, mitigateth all feavers that come of cold,

The

The virtues of the gum Caranna, and the medicinall properties of it.

TAke it and distill it in a retort with the yolks and whites of eggs, and there will come forth oyl and water, the oyl whereof will be black, and the water red.

The water of Carrana helpeth Chilblains, and all chopps or clifts in the lipps arising of cold in the winter.

It is a great ease for the sore breasts of women, that give suck.

The oyl worketh wonderfull effects, in wounds of the head, arm or legs,

Anoint a simple wound therewith once or twice: and it will very spædily be healed.

Take a quantity of this gum, and mix it with as much of the seed of Water-cresses, and the white of an egge, and make thereof a cerot, to apply unto a rupture: wherewith it wil in short time be healed, all other circumstances being also observed.

Of liquid Amber and the medicinall vertues thereof.

TAke liquid Amber and distill it in a retort: and from thence there will come a red oyl.

This oyl is used against all indispositions of cold, and moisture or wind.

The same healeth scabs, and is good for wounds.

If you anoint the stomack therewith, it will exceedingly comfort the same: for it is a thing uncorruptible, and like unto Balsamum.

The

The vertues of Oak-Apples.

The Oak-apples are good against all Fluxes of blood and lasks, in what manner soever it be taken, but the best way is to boil them in red-wine, and so prepared it is good against the excessive moisture and swillings of the Jaws, and almonds or kernels in the throat.

The decoction of Oak-apples stays womens sickness, and causeth the mother that is fallen down, to return again to his naturall place, if they do sit over the said decoction being very hot.

The same steeped in strong white-Wine vinegar, with a little powder of brimstone, and the roots of Frocus mingled together, and set in the sun by the space of a moneth maketh the hair black, consumeth proud and superfluous flesh, it taketh away any sun-burning, freckles, spots, the morphew, and all deformities of the face being washed therewith.

The vertues of Crabs.

The juyce of Crabs taketh away the heat of burning or scalding and all inflamation, and being laid on in short time after it is scalded, it keepeth it from blistring.

The juyce or verjuyce is astringent or binding, and hath withal an abstersive quality, being mixed with hard yeast of Ale or Beer, and applied in manner of a cold oyntment, that is spread upon a cloath first wet in verjuyce and wrung out and then laid to: taketh away the heat of St. Anthonies fire, all inflamations whatsoever, it healeth scabbed legs, burning and scalding whatsoever it be.

The virtues of Adders-tongue.

THe leaves of Adders-tongue, stamped in a stone mortar, and boiled in oyl of Olive unto the consumption of the juyce, untill the herbs be dry and parched, then strained, will yield a most excellent green oyl: or rather a Balsome for green wounds, comparable unto oyl of St. Johns Wort, if not far surpassing it by many degrees, whose beauty is such that very many Artists have thought the same to have been mixed with Verdigrease.

To make Salt of any Plant or Herb.

TAke a good quantity of what Plant you please that is full of juyce, beat it in a Stone morter, and put running-water thereto, then boil it to the consumption of the one half, strain it very hard, and boil this decoction to the thicknesse of a sirrup, and set it in a glasse eight days, and on the top you will find a kind of Salt like Sal Gem, take that and wash it in the water of the herb whereof it was made and dry it. In this manner you may make Salt of Wormwood, Balm, &c.

The vertues of Sow-bread.

THe root maketh the skin fair and clear, and cureth all scabs and scurfs, and the falling of the hair, and taketh away the marks and spots that remain after the small pocks and meazels, and all other blemishes of the face; the root hanged upon women in travell causeth them to be delivered incontinently.

The virtues of Saxifrage.

The root of Saxifrage drunk with Wine and Vinegar cureth the Pestilence, holden in the mouth preserveth a man from the said disease, and purifieth the corrupt air, the same being chewed in the mouth maketh one to avoid much phlegm. drawеth from the brain all grosse and clammy superfluities, allwageth Tooth-ach, and bringeth speech again to them that are taken with the Apoplexie, the juyce of the leaves doth take and cleanse away all spots, and freckles, and beautifieth the face, and leaveth a good colour, it is of excellent use against the Stone.

The vertue of Maiden hair.

Maiden-hair being green, and stamped and layed upon a place that wanteth hair causeth it to grow.

The vertue of the Ash-tree.

The Ash tree for such as are too fat or grosse men use to take dayly three or four ashen-leaves to drink in wine to the intent to make them lean.

The vertues of Violets.

Violets stamped and laied to the head alone, or mingled with oyl: removeth the extream heat allwageth head-ach, provoketh sleep and moisteneth the brain: it is good therefore against the drinesse of the head, against melancholy and dullnesse or heavinesse of spirit.

The vertues of Hysop.

HYsop sod in vinegar, and holden in the mouth asswageth tooth-ach, the decoction thereof doth scatter congealed and clotted blood, and all black marks that come of stripes or beating, and also cureth the itch, scratch, and foul manginesse if it be washed therewith all. Gillow-flowers, or Wall-flowers, the juyce thereof dropped into the eye, doth wast and scatter all dimnesse in the same.

The vertues of Oak-leaves.

OAk-leaves stamped very small do heal and close up green wounds, and doth stop the blood being layed thereupon.

The vertues of Hoar hound.

HOarhound boiled in water cleanseth the breast and lungs, helpeth the pain in the side, is good against the Tysick, and the ulceration of the lungs.

Of the Barbil and to what use she serveth in medicine.

IN the moneth of May the Barbil hath egs, which are of a soluble quality, and of some those eggs be eaten; they shall be provoked to vomite.

They have a quality contrary to other purgers, they must be dried in the sun mired with a little Sena, and then ministred in wine or water that is sodden. When it hath wel wrought, the patients must eat good meat to nourish them, and may drink wine, and when they are disposed thereto, suffer them to sleep.

Of

Of Centumpedées called in English Sows.

IF you minister the powder of these creatures in wine, it hath many excellent properties, but chiefly it hath bin experienced greatly to prevail against the stitch in the side for it will help that grief presently.

If you burn the little cracking creature called a cricket, and minister the power thereof in some Diuretick liquor, it provoketh urine.

Mallows. Alkakengi, Centum nodi, Centum grava, and the roots of Rapes: are of like property, being handled and used according to art.

There are oftentimes found in standing pools, and putrified waters, certain small creatures which are round like a cherry, having a tail and two feet, which are in Lombardy called Tomazzi. Take these, and distill thereof a water or liquor, wherewith you may very soon consume or break iron: a very great secret observed in nature.

How to make a Plaister for the Rheum.

TAke of Dears-Suet, Virgin-Wax, Rosen, perk-rosin, a quarter of a pound of each, Obliganum, Benjamin Gastick, take of each a quarter of an ounce, two drams of Camphire, beat these small, take three penny-worth of Turpentine, boil all these together in a pint of white-Wine except the Turpentine which must be put in after it is taken off the fire, and stir it till it be cold; then temper it in your hands, and so role it up in roles, and keep it close from fire.

CHAP. CCV.

The natures and temperatures of Herbs in generall.

THese herbs be of their own nature hot and very cordiall and comfortable for the heart, and good against melancholy, *viz.*

Angelica.
Balm.
The flowers of Rosemary.
Cardus Benedictus.
Roman Wormwood.
Pargerom.
Pints.
Winter Savory.

These herbs be in like manner hot, but of a contrary quality that is, they tend to the comforting of the stomack and to help digestion.

Common Wormwood.
Lavender.
Camomill.
Basell.

These herbs be in like manner hot but tend to the opening of the lungs.

Isop.
Elecampane roots.
Fennel.
Hoar-hound.

These herbs be in like manner hot, but tendeth to the comforting of the brain, and drying up of Raeum.

Bittony.
Penny-rtall.
Germander.
Time.
Sage.
Costmary.
Valerian.

These herbs be also hot and they be good for the obstructions of the liver, and spleen and good against the Gout.

Camapitus.
Saxafrage.
Parsley.
Mugwort.
Motherwort.
Mother of Time.
Fennel.
Sallandine.

They are to be uſed in broth or to be diſtilled.

Theſe be alſo hot, and tend to the expelling of wind.

Alexanders.
Smallage.
Rue.
Maudlins.
Fetherfew.
Saint Johns Wort.
Ladies Mantel.
Lavender Cotten.

Theſe roots be alſo hot and comfortable, and likewiſe good to ſtrengthen nature.

Sateions.
Orenges.
Parſnep.

Theſe herbs of their own nature be hot, and of a mean temperature good to cauſe ſolubleneſſe.

Mercury.
Beets.
Violet-leaves.
Mallows.
Dill.
Holly-hock.
Dandelion.

Theſe herbs be of mean temperature as the reſt but good for to ſtrengthen the back.

Comfery.
Knot-graſſe.
Shepheards-pouch.
Plantain.
Arch-angel.

Theſe be of a mean temperature and good againſt the Stone.

Saxafrage.
Pellitory on the wall.
Water-creſſes.
Cammock-roots.
Wake Robin.

Theſe are of a mean temperature, good againſt all obſtructions of the liver,

Centory.
Hops.
Cowſlips.
Mugwort.
Harts-tongue.
Scabius.
Avens.
Doves.
Dandelion.
Liverwort.

Spoon-

They are to be used in broth or to be distilled.

Spewwort.

These be as the rest good to cleanse the throat.

Woodbines.
Colloftbines.
Sinkfoyl.

These be of the same nature but tendeth to the opening of the lungs.

Colts-foot.
Fetrack.
Maiden-hair.

These be of a cold property and tendeth altogether to the cooling of the bloud, and quallifiing of the heat of the stomack.

Garden-sorrell.
Wood-sorrel.
Endiffe.

Succory.

These be in like manner cold of their own nature, and to be used inwardly, they provoke rest.

Lettice.
Purslay.
Field-Poppy.

These are as the rest but rather colder, and are to be applied outwardly and not inwardly.

Night-shade.
Hen-bane.
Pan-cake.
Penny-wort.
Great-Poppies.

These hearbs and oyl of Roses is good to be applied with cloths to the temples of the head.

FINIS.